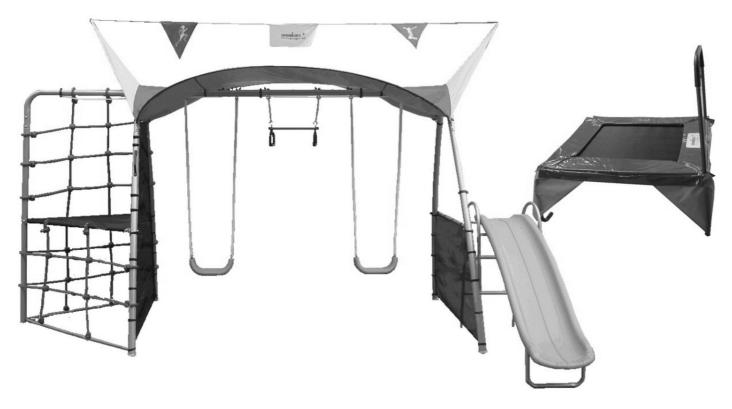


FITNESS PLAYGROUND ITEM NO: 8201



OWNER'S

MANUAL

CAUTION: This unit is designed to be used safely by up to 6 children between the ages of 3 years to 8 years old with a maximum weight of 80 pounds (36.3kgs) each, simultaneously, not to exceed a combined weight of 480 pounds (218kgs).

The specifications of this product may vary from this photo and are subject to change without notice.

IRONMAN, IRONMAN TRIATHLON and M-DOT are registered trademarks of World Triathlon Corporation. This product is licensed by the IRONMAN TRIATHLON.

IMPORTANT: FOR NORTH AMERICA ONLY To request product service and order replacement parts, please call our customer service department at:

1-866-924-1688

Monday through Friday, 8:00 AM-5:00 PM Pacific Standard Time,

or email us at: **Service@paradigmhw.com**

Please visit our website at www.paradigmhw.com.

Please have the following information ready when requesting for service:

Your name
Phone number
Model number
Serial number
Part number

Proof of Purchase

*Before returning this product to the store please contact customer service at the contact number.

Paradigm Health & Wellness, Inc. 1189 Jellick Ave. City of Industry, CA 91748, USA

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MANUFACTURER'S LIMITED WARRANTY (IRONKIDS FITNESS PLAYGOUND)

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has be installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

COMPONENT LENGTH OF WARRANTY

Structural Frame Lifetime (1)
All Other Components 180 days (2)

This warranty does not include damage caused by normal wear and tear, weather corrosion, misuse, commercial use or improper operation. Paradigm will replace free of charge any parts which may prove to be defective under normal home use. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by calling or emailing our customer service department service@paradigmhw.com

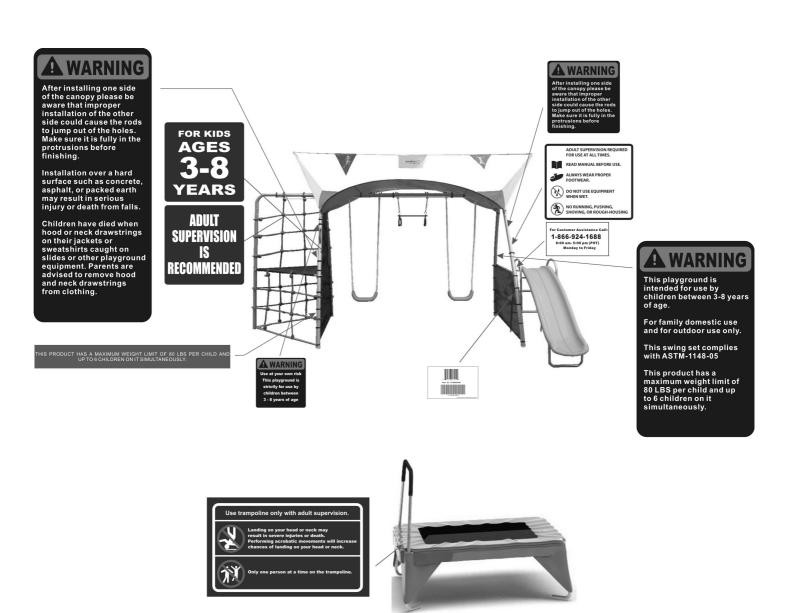
1-866-924-1688

Monday through Friday, 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner's Manual
- 2. Model Number
- 3. Description of Parts
- 4. Part Number
- 5. Date of Purchase

IMPORTANT LABELS



IMPORTANT SAFETY PRECAUTIONS

Read all instructions carefully before assembling operating this product. Retain this owner's manual and keep the original purchase receipt for future reference.

- 1. Before you assemble the Fitness Playground, find level ground not less than 6 feet from any structure or obstruction to the Fitness Playground. Your Fitness Playground must have clearance on all sides.
- 2. To prevent serious injury, do not allow children to play on the Fitness Playground until it is completely installed.
- 3. Do not install the Fitness Playground over concrete, packed dirt, or any other hard surface. A fall onto a hard surface can result in serious injury or death to the user.
- 4. Only adults should assemble or disassemble this Fitness Playground.
- 5. This product must be anchored.
- Adult supervision of children is required at all times when on or around this Fitness Playground.
 Never leave children unattended.
- 7. Do not swing too high or at an angle.
- 8. Do not hang on or climb from structural members of the Fitness Playground.
- 9. Do not exceed the intended weight limit or maximum number of users for the Fitness Playground.
- 10. This product is intended to be used by children between the ages of 3-8 years old.
- 11. Be sure to observe your children and insure that they have the strength and skills to enjoy all the rides safely before use on their own.
- 12. Do not allow children to walk close to, behind, or in front of moving items.
- 13. Do not allow children to twist the chains on the swing or loop them over the top bar. This may reduce the strength of the chain.
- 14. Teach and instruct children not to swing empty seats.
- 15. Instruct children how to sit in the center of the seats and swing with their full weight on the seat.
- 16. Warn children not to use the equipment in any manner other than intended.
- 17. Warn children not to get off the rides while in motion.
- 18. Warn children to dress appropriately. Loose fitting clothing is potentially hazardous when using the Fitness Playground.
- 19. Equipment may be slippery when wet. Do not allow children to use the equipment when wet.
- 20. Parents should regularly check openings and surfaces, such as slides, for items that may be hazardous.
- 21. Parents should check swing chains to insure they are secure and can not be looped back on themselves.
- 22. Do not place any part of the body near moving parts.
- 23. Never slide head first down the slide.
- 24. Ensure that all swings and chains are secured at both ends.
- 25. Never attach any materials that are not specifically designed for use with this swing set, such as jump ropes, pet leashes, rope or cords and other chains as these pose a potential strangulation hazard.
- 26. Children must be supervised at all times. No playground is safe without adult supervision.
- 27. When using the trampoline, do not perform flips, as this will increase your chances of landing on your head or neck. No more than one person at a time on the trampoline. Use trampoline only with adult supervision.

Play Ground Rules

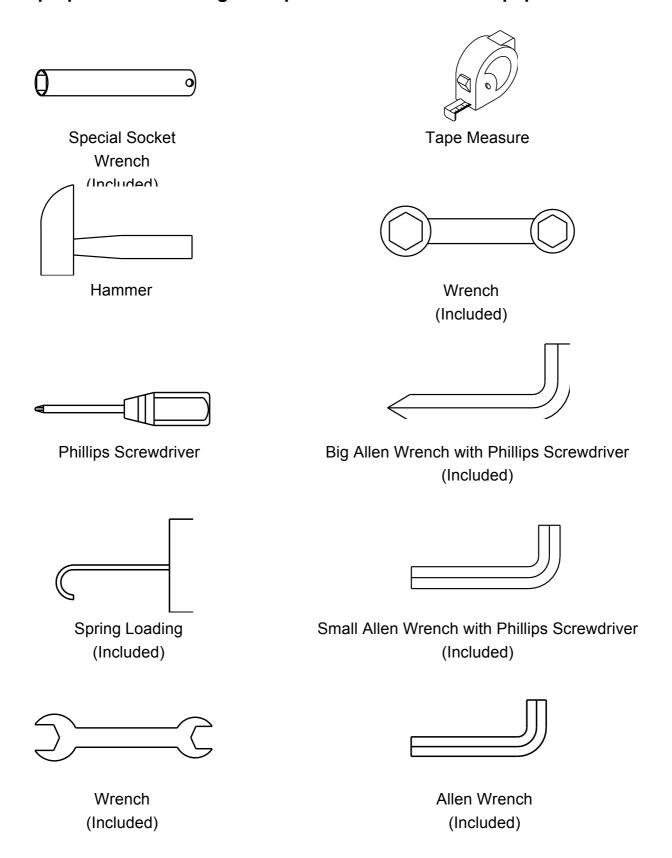
- 1. Do not use equipment when wet.
- 2. No running, pushing, shoving, or roughhousing.
- 3. Do not use play equipment before reading manual.
- 4. Always wear proper footwear.

CARE AND MAINTENANCE

Check all nuts and bolts by monthly during the usage season for tightness and tighten as required. It is particularly important that all nuts and bolts are checked prior to the first use each season.

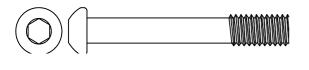
TOOLS REQUIRED FOR ASSEMBLY

Please prepare the following tools prior to assemble this equipment.



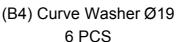
INCLUDED HARDWARE

Hardware used for main frame assembly



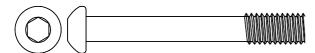
(B1) Bolt 5/16"x63

6 PCS





(B5) Nylon Nut 5/16" 8 PCS



(B2) Bolt 5/16"x68 2 PCS





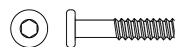


(B3) Bolt 1/4"x15 10 PCS

2 PCS

(B6) Large Washer Ø19 (B7) Spring Washer Ø10 12 PCS

(B8) Plastic Cap (Curved Surface) 8 PCS





(B9) Bolt 1/4"x25 2 PCS

(B10) Large Washer Ø16 2 PCS

Hardware used for swings assembly







(J6) Nylon Nut 5/16" 8 PCS

(J7) Large Washer Ø19 4 PCS

(J8) Plastic Cap (Curved Surface) 4 PCS

Hardware used for trapeze assembly

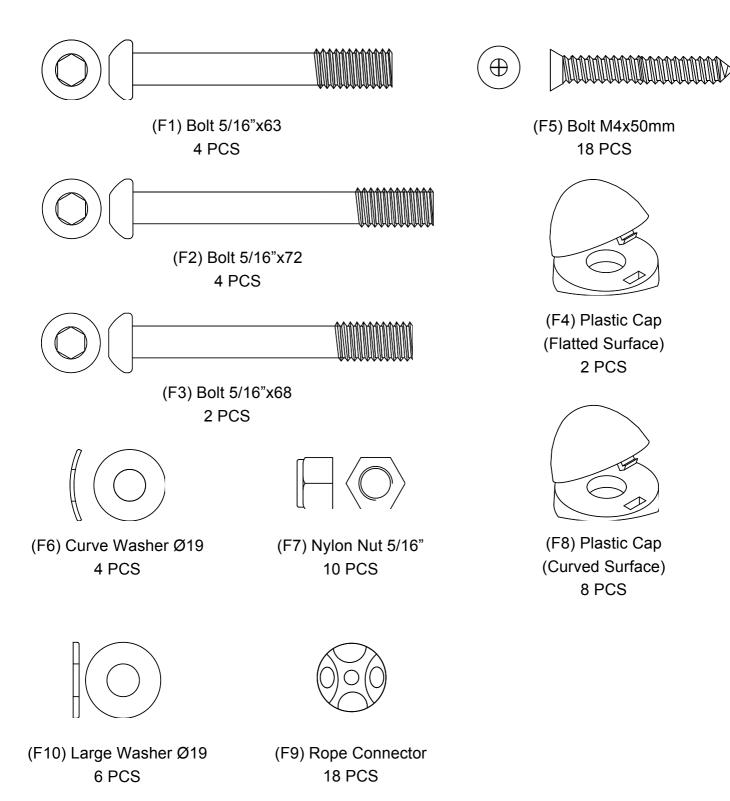


(S1) Nylon Nut 5/16" 2 PCS

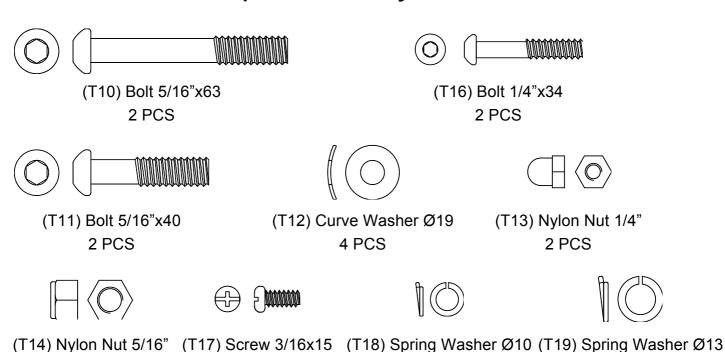


(S2) Plastic Cap (Curved Surface) 2 PCS

Hardware used for playground climbing net assembly



Hardware used for trampoline assembly



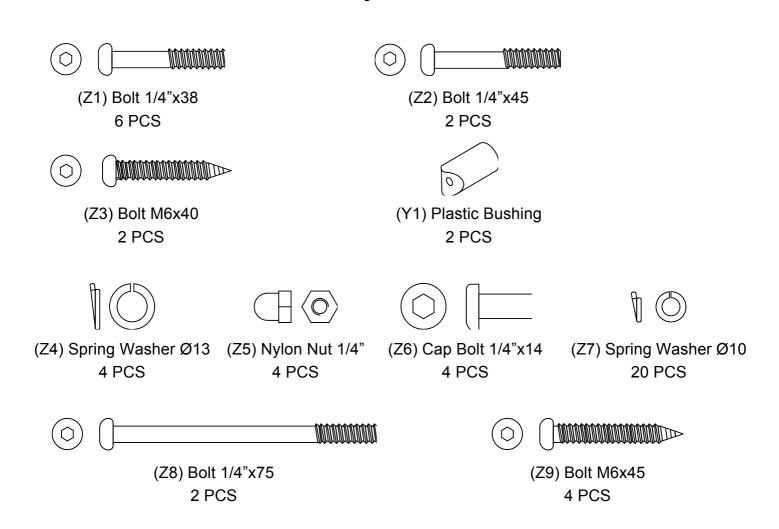
4 PCS

4 PCS

Hardware used for slide assembly

2 PCS

4 PCS



PARTS NUMBERS AND ILLUSTRATIONS

Parts used for main frame assembly

A1	9	Top Bar I	1 PC
A2	9	Top Bar II	1 PC
A3	G. T.D.	Leg with Foam	1 PC
A3A		Leg with Foam	1 PC
A4	Co	Leg	1 PC
A4A	[General Property of the Control of	Leg	1PC
A5		Cross Bar	1 PC
A6	**************************************	Protective Net	1 PC
A7	***************************************	Protective Net	1 PC
A8		Ground Anchor	9 PCS

A9	000	Plastic Stick Holder	2 PCS
A10	000	Plastic Stick Holder	2 PCS
A11		Plastic Stick Holder	2 PCS
A12		Plastic Handle	1 PC

Hardware used for main frame assembly

B1	()	Bolt 5/16"x63	6 PCS
B2	()	Bolt 5/16"x68	2 PCS
В3		Bolt 1/4"x15	10 PCS
В4		Curve Washer Ø19	6 PCS
B5		Nylon Nut 5/16"	8 PCS
В6		Large Washer Ø19	2 PCS

В7	Spring Washer Ø10	12 PCS
В8	Plastic Cap (Curved Surface)	8 PCS
В9	Bolt 1/4"x25	2 PCS
B10	Large Washer Ø16	2 PCS

Parts used for trapeze assembly

E1	Eye Bolt with Attachment Bolt (Preassembled)	2 PCS
E2	Eye Bolt with Attachment Bolt (Preassembled)	2 PCS
E3	Swing Ring Chain (Preassembled)	2 PCS
E4	Washer Ø17 (Preassembled)	2 PCS
E5	Cap Bolt 5/16"x18	2 PCS
E6	Swing Ring Hanger Handle (Preassembled)	2 PCS

E7	Trapeze Ring Tube (Preassembled)	1 PC
E8	Plastic End Cap (Preassembled)	2 PCS

Hardware used for trapeze assembly

S1	Nylon Nut 5/16"	2 PCS
S2	Plastic Cap (Curved Surface)	2 PCS

Parts used for swings assembly

J1	PVC Covered Chain (Preassembled)	4 PCS
J2	Eye Bolt with Attachment Bolt (Preassembled)	4 PCS
K1	Swing Seat	2 PCS
J3	Eye Bolt with Attachment Bolt (Preassembled)	4 PCS

Hardware used for swings assembly

J6	Nylon Nut 5/16"	8 PCS
J7	Large Washer Ø19	4 PCS
J8	Plastic Cap (Curved Surface)	4 PCS

Parts used for playground climbing net assembly

D1	1	L-Shaped Climbing Net Tube	1 PC
D2		Climbing Net Leg	1 PC
D3		Climbing Net Supporting Tube	2 PCS
D4	1	Cross Bar	1 PC
D5	0	Bottom Climbing Net Supporting Tube	2 PCS
D6		Triangle Net	1 PC

D7	Climbing Net	1 SET
D7a	Rope	1 PC
D7b	Rope	1 PC
D7c	Rope	1 PC
D7d	Rope	1 PC
D7e	Rope	1 PC
D7f	Rope	1 PC
D7g	Rope	1 PC
D7h	Rope	1 PC
D7i	Rope	1 PC

Hardware used for playground climbing net assembly

F1	(e)	Bolt 5/16"x63	4 PCS
F2	(e)	(b)	
F3	())))))))	Bolt 5/16"x68	2 PCS
F4		Plastic Cap (Flatted Surface)	2 PCS
F5		Bolt M4x50	32 PCS
F6		Curve Washer Ø19	4 PCS
F7		Nylon Nut 5/16"	10 PCS
F8		Plastic Cap (Curved Surface)	8 PCS
F9		Rope Connector	32 PCS
F10		Large Washer Ø19	6 PCS

Parts used for trampoline assembly

T2		Jump Mat	1 PC
Т3		Frame Pad	
T4A	\	L-Shaped Tube (Left)	1 PC
T4B	*	L-Shaped Tube (Right)	1 PC
T5	ee	Straight tube	1 PC
Т6		Handlebar with Foam	1 PC
T7A		Handlebar Base Tube (Left)	1 PC
Т7В		Handlebar Base Tube (Right)	1 PC
T8A		Elbow Tube	1 PC
Т9		Spring	28 PCS

Hardware used for trampoline assembly

T10	(a)	Bolt 5/16"x63	2 PCS
T11	()	Bolt 5/16"x40	2 PCS
T12		Curve Washer Ø19	4 PCS
T13		Nylon Nut 1/4"	2 PCS
T14		Nylon Nut 5/16"	4 PCS
T16	(e)	Bolt 1/4"x34	2 PCS
T17		Screw 3/16x15	2 PCS
T18		Spring Washer Ø10	4 PCS
T19		Spring Washer Ø13	4 PCS

Parts used for slide assembly

X1		Slide Support (With Opening)	1 PC
X2		Slide Support	
Х3	(15)	Slide Leg Tube	2 PCS
X4		Top Slide Support Bar	1 PC
X5		Front Slide Support	1 PC
X6		Slide Ladder	2 PCS
Y2		Slide	1 PC
Y7		Connecting Bar	1 PC

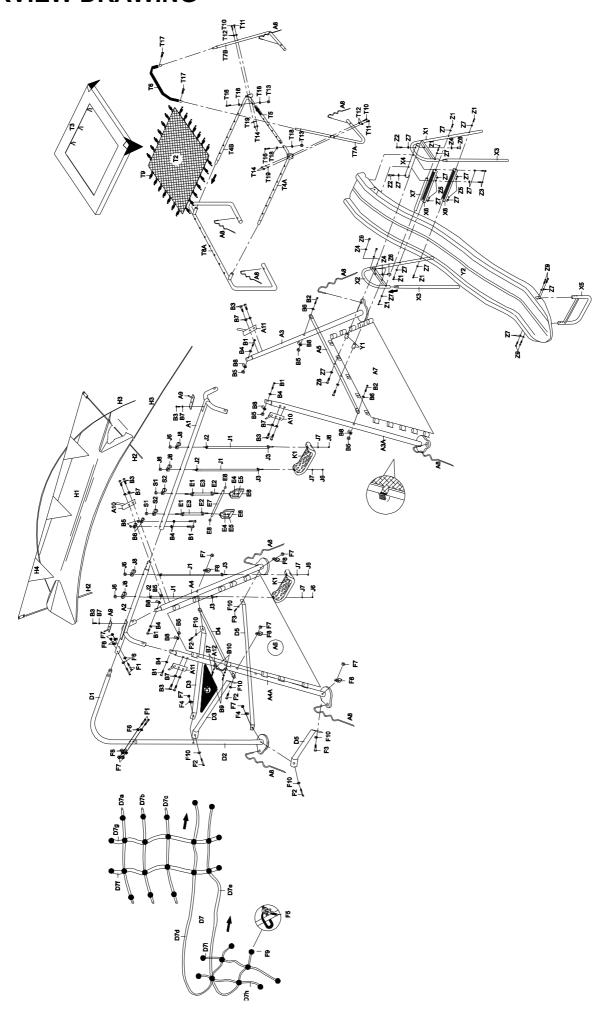
Hardware used for slide assembly

Y1	0	Plastic Bushing	2 PCS
Z1	(e)	Bolt 1/4"x38	6 PCS
Z2	(a)	Bolt 1/4"x45	2 PCS
Z3		Bolt M6x40	2 PCS
Z4		Spring Washer Ø13	4 PCS
Z5		Nylon Nut 1/4"	4 PCS
Z6		Cap Bolt 1/4"x14	4 PCS
Z7		Spring Washer Ø10	20 PCS
Z8	()	Bolt 1/4"x75	2 PCS
Z 9		Bolt M6x45	4 PCS

Parts used for shade assembly

H1	Sunshade	1 PC
H2	Short Plastic Stick	2 PCS
Н3	Long Plastic Stick	2 PCS
H4	Logo	1 PC

OVERVIEW DRAWING



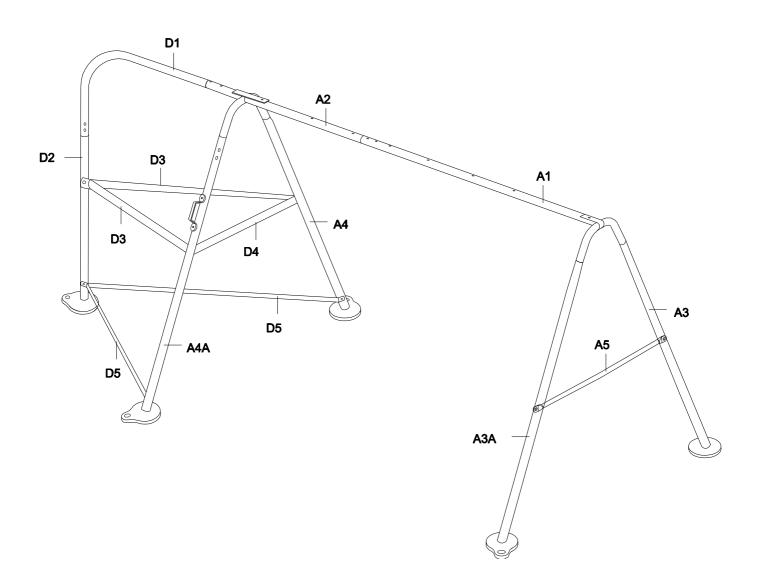
ASSEMBLY INSTRUCTIONS

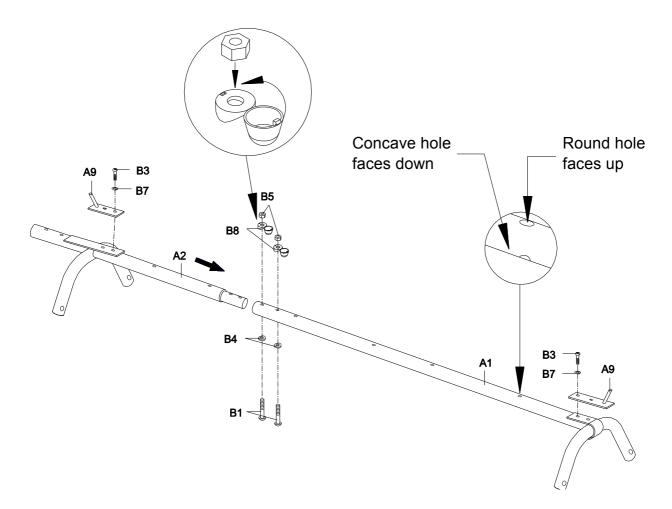
- Place the playground equipment on level ground, not less than 6 feet (1.8 meters) from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines, or electrical wires.
- Do not install the playground equipment over concrete, asphalt, packed earth, or any other hard surface. A fall onto a hard surface can result in serious injury to the user.

TIGHTENING NUTS & BOLTS

- Do not over-tighten the nuts and bolts when you are assembling your playground equipment.
 This will allow for some possible adjustments and ease of installation.
- Once you have completed the assembly of the playground equipment, go back over all of the nuts and bolts and properly tighten all of them before using the playground equipment.

Main Frame Layout





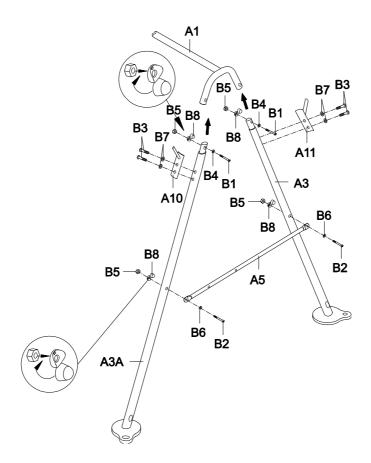
NOTE:

- 1. Do not over-tight the nuts and bolts.
- 2. Do not snap the plastic cap on until you have completed the rest of the assembly and have tightened the nuts and bolts.

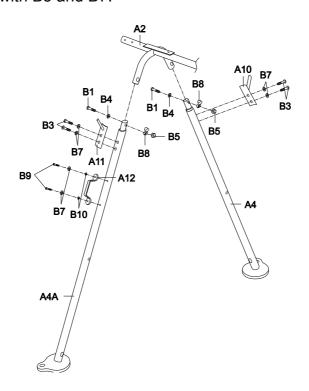
Step 1

- Insert A2 into A1, secure with B1, B4, B8, and B5.
- Attach A9 onto A1 with B7 and B3.
- Attach A9 onto A2 with B7 and B3.

Note: Please make sure that concave holes face down and the round holes face up.



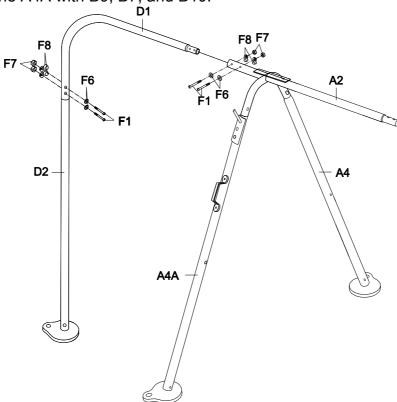
- Insert the small ends of A3 and A3A into the sockets at end of A1.
- Align the holes and secure using B1, B4, B8, and B5.
- Attach A5 onto the A3 and A3A with B2, B6, B8, and B5.
- Attach A10 onto the A3A with B3 and B7.
- Attach A11 onto the A3 with B3 and B7.



Step 3

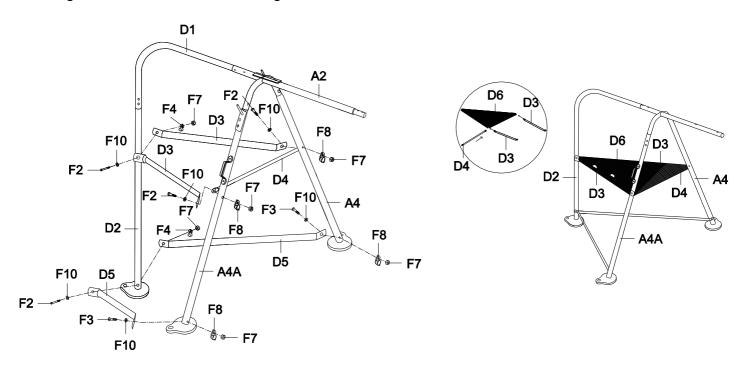
- Insert the small ends of A4 and A4A into the sockets at end of A2.
- Align the holes and secure using B1, B4, B8, and B5.
- Attach A10 onto the A4 with B3 and B7.
- Attach A11 onto the A4A with B3 and B7.

Attach A12 onto the A4A with B9, B7, and B10.



Step 4

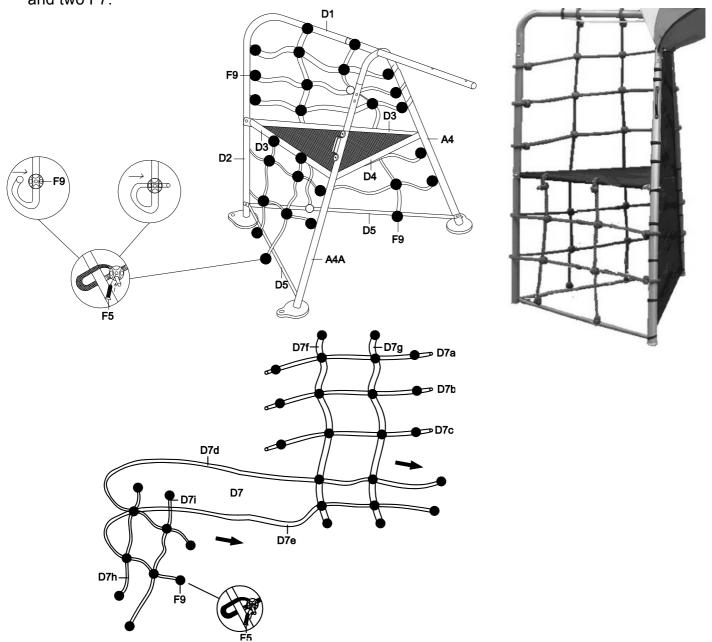
- Insert the small end of D2 into the socket at end of D1.
- Align the holes and secure using F1, F6, F8, and F7.
- Insert the small end of D1 into the socket at end of A2.
- Align the holes and secure using F1, F6, F8, and F7.



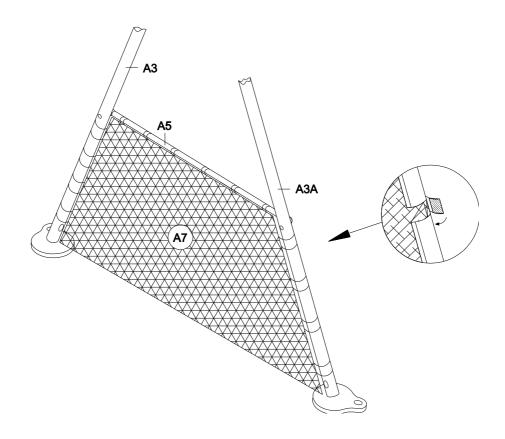
Step 5

- Insert two D3 and one D4 into the holes on the D6.
- Attach both ends of D3 onto upper holes on the D2 with one F2, one F10, one F4, and one F7.
- Attach the other ends of D3 with D4 onto upper holes on the A4 and A4A with two F2, two F10, two F8, and two F7.
- Attach both ends of D5 onto lower holes on the D2 with one F2, one F10, one F4, and one F7.

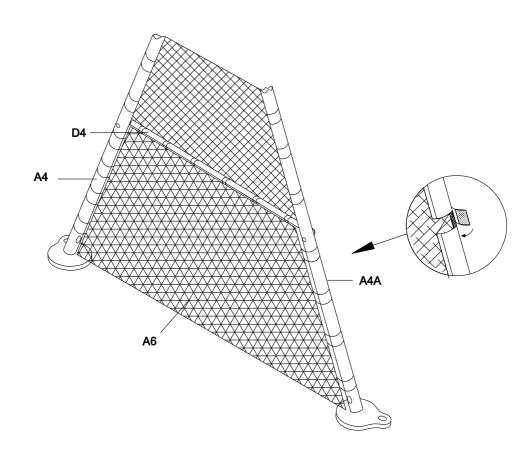
• Attach the other ends of D5 onto lower holes on the A4 and A4A with two F3, two F10, two F8, and two F7.



Step 6
Install F9 onto each end of ropes as shown in detailed drawing. Then attach each end of ropes onto D1, D2, D3, A4, A4A, and D5 with F5. Tighten F5 to secure the climbing net in place.

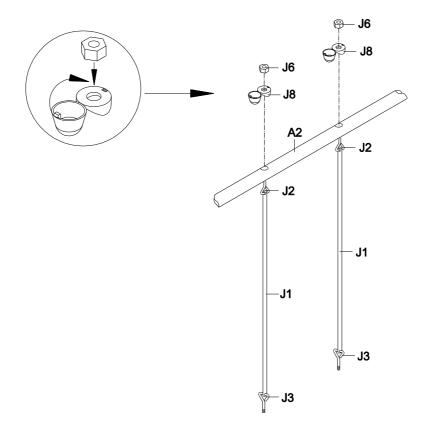


• Attach A7 onto A3, A3A, and A5 with Velcro straps.

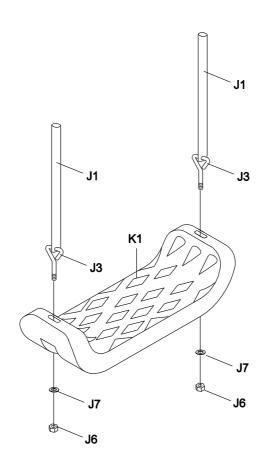


Step 8

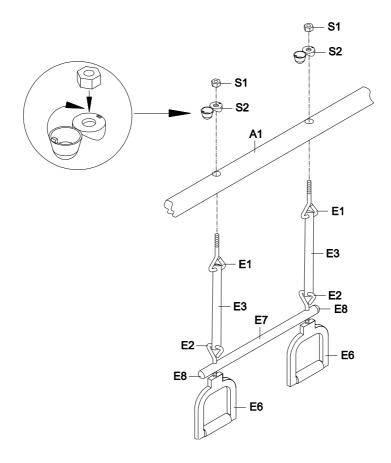
• Attach A6 onto A4, A4A, and D4 with Velcro straps.



- Insert J2 into holes on A1 and A2.
- Secure with four J6 and four J8.

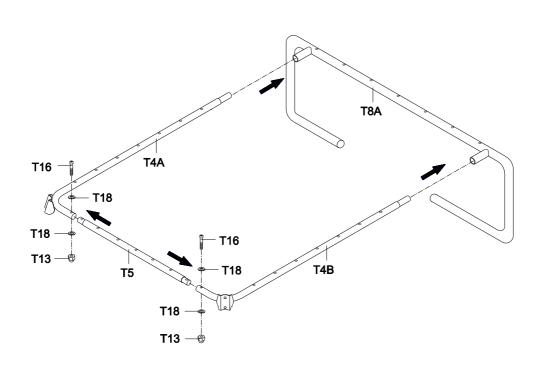


- Attach two K1 to J3.
- Secure with four J7 and four J6.



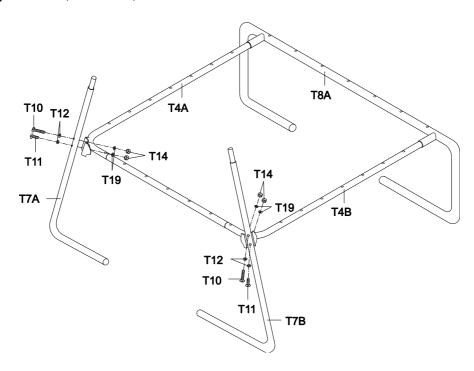
Step 11

- Attach E1 to A1.
- Secure using two S1 and S2.
- Install E3 to E1 if not pre-assembled.
- Install E3 to E2 if not pre-assembled.



Step 12

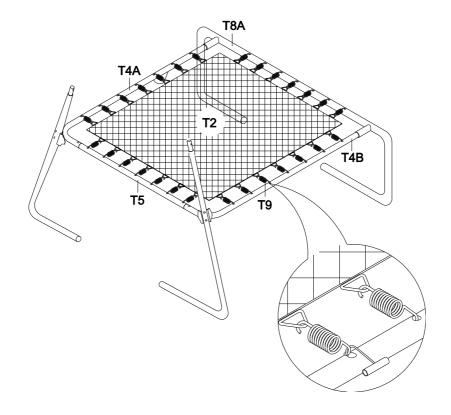
- Insert the small ends of T4A and T4B into the sockets of T8A. Welding bracket of the T4A and T4B face outside.
- Insert small end of T5 into the big opening of T4A and T4B, align the holes.
- Secure using two T16, two T13, and four T18.



- Put T7A to the outside of T4A, and put T7B to the outside of T4B, align the holes.
- Secure using T10, T12, T19, and T14 for the upper hole of T7A and T7B.
- Secure using T11, T12, T19, and T14 for the lower hole of T7A and T7B.

Note: The T10's are longer than the T11's.

Do not over-tighten the screws as it will make STEP 16 more difficult to assemble.

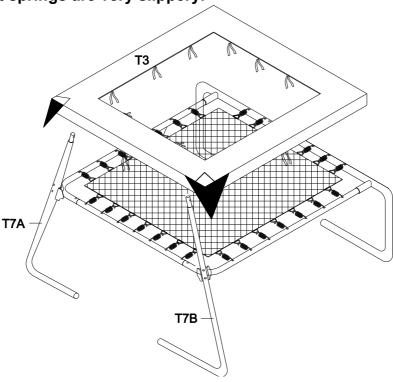


Step 14

Lay out the T2 (Jump Mat) and align each triangle ring of the mat towards the opposite holes of

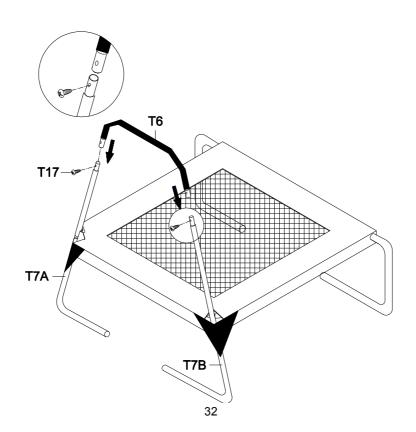
- T4A, T4B, T5, and T8A. One triangle ring against to one hole of T4A, T4B, T5, and T8A.
- Attach a spring (T9) with spring hooks face down to the triangle ring of the mat. Hold the spring loading tool underhand and pull spring hook towards the hole on the T4A, T4B, T5, and T8A as shown in detailed drawing. Drop hook into the frame hole until it latches on.

Note: Be careful not to pinch hands or fingers on springs. Use gloves to prevent pinching. Keep springs dry; wet springs are very slippery.



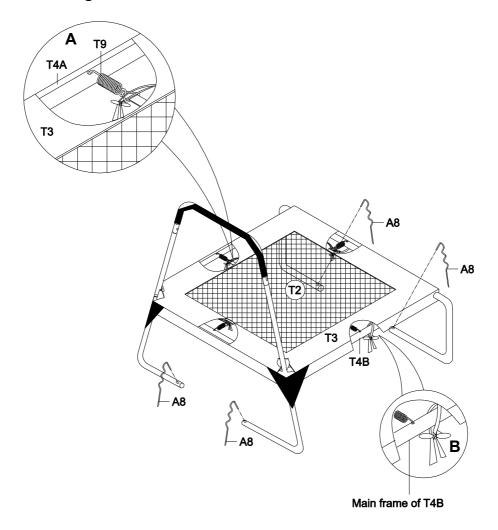
Step 15

- Insert two corners of T3 which have yellow banners to the small end of T7A and T7B.
- Lay the Frame Pad (T3) over the trampoline, so that the springs and the steel frame are covered. Please ensure that the Frame Pad covers all metal parts well.



- Insert T6 onto the small end of T7A and T7B, align the holes.
- Secure using with T17.

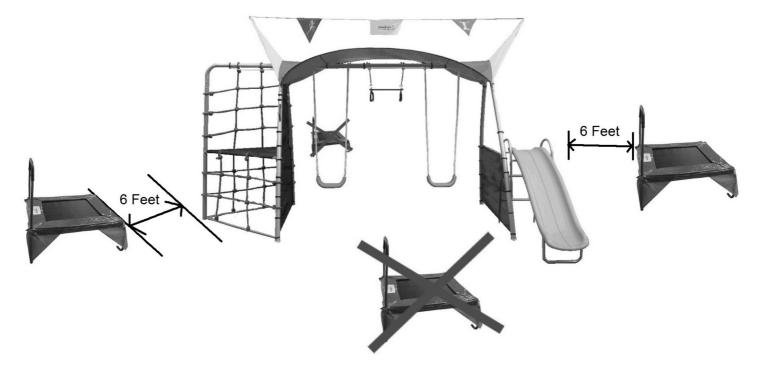
Note: Now, go back and tighten the screws from STEP 13.



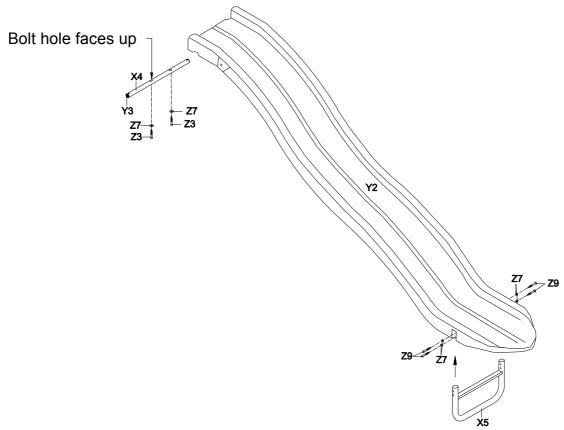
Step 17

- Bring one end of the strap on T3 which is nearest to the jumping mat T2, then tie the strap to the triangle ring with a knot as shown in detailed drawing A. Repeat it for the other straps near the T2 in the same way. Make sure the knot is tight and the frame pad fits securely on the trampoline.
- Line up the elastic straps over the main frames (T4A, T4B, T8A, and T5) of the trampoline, aligning alternate straps over, and then tie the straps as shown detailed drawing B. Make sure every strap tied well.
- Turn the four A8 into the ground until only the hooked end is above the ground next to the T7A, T7B, and T8A. Insert the hooked end into the bottom opening of the T7A, T7B, and T8A. Ensure that the hooked end is secure in the T7A, T7B, and T8A opening.

Position for Playground

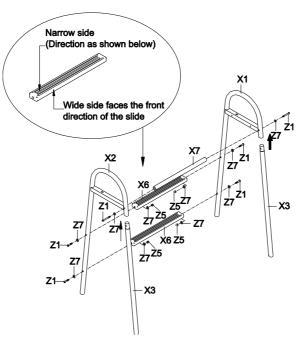


- 1.Do not place the trampoline in front or back of the swing set to avoid injuries from collisions.
- 2.Only place the trampoline at the side of swing set and keep at least 6 feet of distance between them.

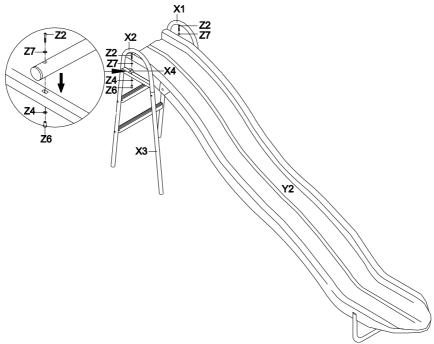


- Attach X5 to Y2.
- Secure using four Z9 and four Z7.
- Attach X4 to Y2.
- Secure using two Z3 and two Z7.

Note: Make sure that the bolt holes face up.

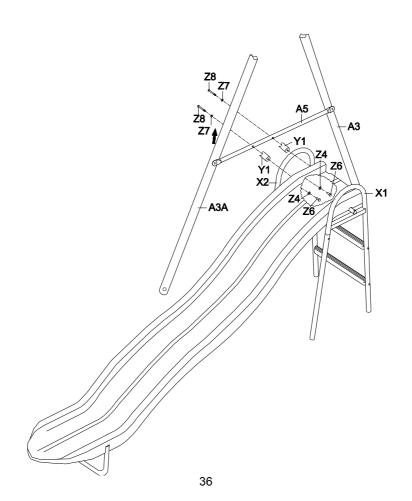


- Attach X6 to X1 and X2.
- Secure each side using Z1, Z7, and Z5.
- Insert X3 into X1 and X2.
- Align holes and hold in position.
- Place X7 onto X1 and X2.
- Align bolt holes.
- Secure using two Z1 and two Z7.



Step 20

- Attach X4 onto X1 and X2.
- Secure using two Z2, two Z7, two Z4, and two Z6.

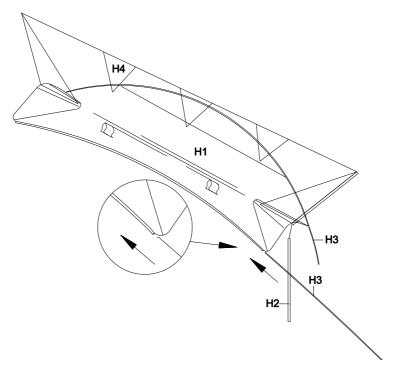


- Attach Y1 onto X2 and A5.
- Secure using two Z6, two Z4, two Z7, and two Z8.

NOTE: Make sure to go back to check all hardware and securely tighten all bolts and nuts before using the playground equipment.

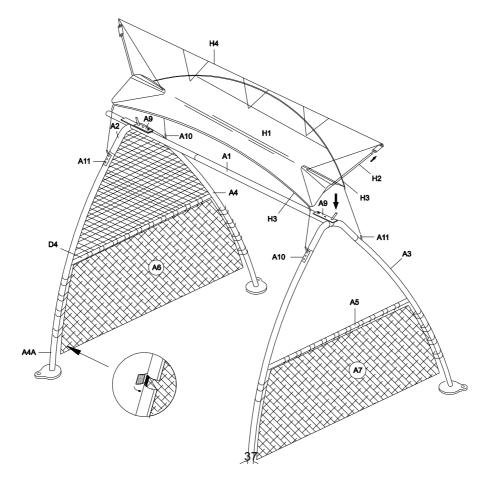
WARNING: Do not let children use the playground equipment until it is properly assembled and

anchored.



Step 22

- Insert H3 into the holes on H1.
- Insert H2 into the holes on H1.



- Insert one end of the H3 into the hole of A11 on A3 and the other end of the H3 into the hole of A10 on A4.
- Insert the other H3 into the hole of A10 on A3A and the other end of the H3 into the hole of A11 on A4A.
- Insert H2 into the holes on A9.
- Attach H1 onto A1 and A2 with Velcro straps.

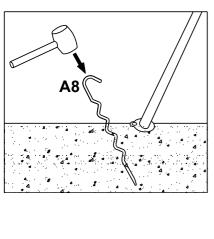
GROUND ANCHOR INSTALLATION

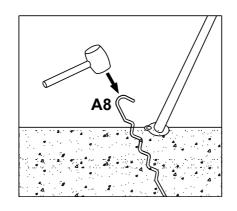
You may either anchor the feet of the frame in hard soil or if your soil is soft (sand, etc.), you may use the corkscrew (A8) anchor to secure the playground. If you wish to permanently secure your swing set, setting the legs in concrete secured by a brick or gravel bed is recommended. Ensure equipment is firmly anchored before use. When cementing equipment, bury the legs about three inches below the ground. This will ensure sufficient space remains under the swings. Be certain that all anchoring devices (including concrete) are placed below the level of the playing surface or below ground level to prevent tripping. Be sure the swing set is located on level ground.

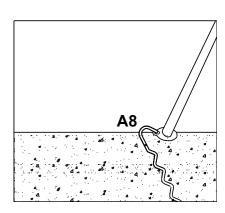
For Soil Ground Installation:

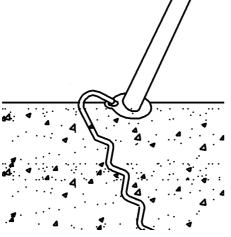
Turn the corkscrew anchor into the ground until only the hooked end is above the ground next to the leg.

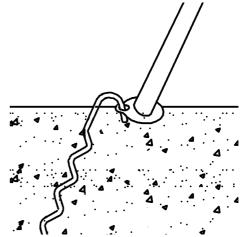
Insert the hooked end into the bottom opening of the leg. Ensure that the hooked end is secure in the leg opening.











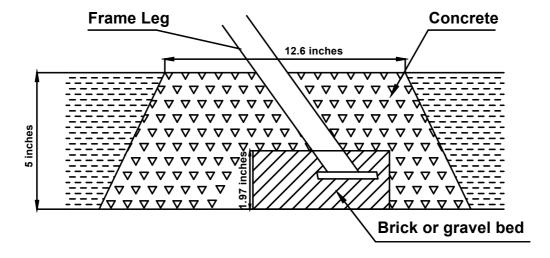
Correct

Incorrect

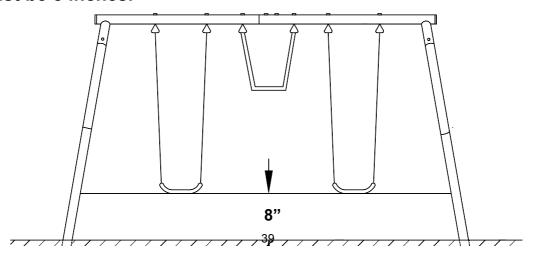
When turning the corkscrew anchor into the ground, please make sure the anchor is roughly perpendicular to the playground feet.

For Concrete Ground Installation:

- If the swing set is set up on grounds with sandy soil condition, it must be anchored with concrete footing (concrete not included).
- Dig holes around swing leg tube as shown below in drawing. As you dig down and create a cylindrical hole, you should use a shovel to carve out the lower part of the hole, to create a larger diameter hole at the bottom.
- Place 2 inch high brick or 2 inches of gravel bed as shown in drawing below.
- Use about 45lb of concrete per leg.
- Cover concrete with dirt and protective surface material.
- Allow about 6-7 days for concrete to dry properly.



Note: The maximum fall height for this product is 6 feet. The minimum ground clearance between the bottom of the suspended plays and the playing or ground service must be 8 inches.



Warning: Please bury the legs of the swing set as per instruction. If the swing set is used without proper anchoring, it may be dangerous and may tilt over.

This play ground received ASTM F2276 and CPSIA certification.

IRONKIDS

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