

Honey Powder

HONEY CINNAMON TOAST

1 slice of your favorite bread, toasted.
Butter or margarine
Honey Cinnamon Mix

Honey Cinnamon Mix:

Blend 1/4 cup Augason Farms Honey Powder with 1 tablespoon ground cinnamon. Mix well.

Sprinkle Honey Cinnamon Mix on your warm buttered toast.

WHOLE WHEAT MUFFINS

1 egg
3 tablespoons Augason Farms Country Fresh 100% Instant Nonfat Dry Milk
1 cup water
1/2 cup chopped nuts
1/3 cup vegetable oil
1/3 cup Augason Farms Honey Powder
1/2 teaspoon salt
2 cups whole wheat flour
1 tablespoon baking powder
Sugar or sugar-cinnamon mixture, optional

Preheat oven to 400°F. Grease bottoms only of muffin pan. Beat egg and stir in next six ingredients. Mix well. Add flour and baking powder and stir just until flour is moistened. Do not over mix. Fill cups 3/4 full. Sprinkle with sugar or sugar-cinnamon mixture, if desired. Bake 10 to 12 minutes.