

Dried Whole Egg Powder

Nutrition Facts

Serving Size: 2 1/2 Tbsp (13g) Dry
Servings Per Container: 72

Amount Per Serving			
Calories 80		Calories from Fat 45	
		% Daily Value*	
Total Fat	5g		8%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	195mg		65%
Sodium	70mg		3%
Total Carbohydrate	1g		0%
Dietary Fiber	0g		0%
Sugars	0g		
Protein	6g		
Vitamin A	2%	•	Vitamin C 0%
Calcium	4%	•	Iron 4%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbs 4 • Protein 4			

DIRECTIONS:

1. Add 2 1/2 Tablespoons dry whole egg powder to 2 1/2 Tablespoons warm water and mix well.

2. Cook as desired.

Yield: 1 whole egg.

Can be used in baking and cooking. For example, use in omelets, french toast, bread, muffins, cookies, cakes, etc. They're also great to take on camping trips.

When using with other dry ingredients, it is not necessary to reconstitute the whole egg powder. Simply add to other dry ingredients and increase liquid requirements by necessary amount.

INGREDIENTS: Whole eggs, sodium silicoaluminate (as an anticaking agent).

Contains allergen: Eggs.

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Contains oxygen absorber.
Discard immediately upon opening.