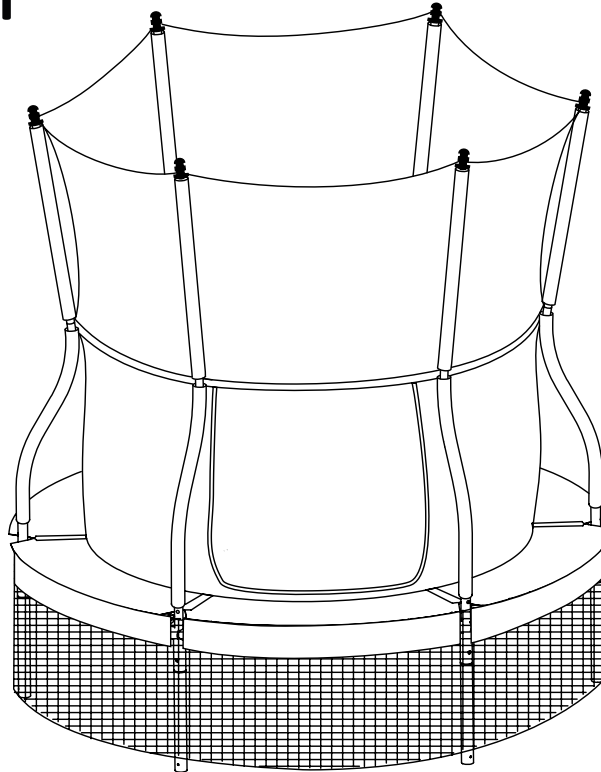


# Assembly, Maintenance, and User Manual

Model # SWTC055.2



**! WARNING**  
Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference. Maximum user weight 100 lbs. Ages 3 to 7

**! WARNING:**  
CHOKING HAZARD- small parts not for children under 3 years.

**! WARNING:**  
Adult assembly required.

**! IMPORTANT**  
Trampolines and enclosures are susceptible to winds. Be sure to secure your trampoline and enclosure. Wind damage is not covered in the warranty of your trampoline.

**SKYWALKER**  
  
**TRAMPOLINES**  
**Skwalker Holdings LLC**  
PO Box 574, Brigham City, UT 84302

# Model: SWTC055.2

A serial decal is found on one of the bouncer legs or frame.

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## REPLACEMENT PARTS or QUESTIONS

If you have questions after reading this manual, please call our toll-free Customer Care Hot-line. Our trained technicians will provide immediate assistance.

Customer Care Hot-line: 1-866-603-5867  
Monday - Friday, 8:00 a.m. - 5 p.m. Mountain Time

[www.skywalkertrampolines.com](http://www.skywalkertrampolines.com)

### WARNING

Read the assembly, installation, care, maintenance, and use instructions in this manual prior to assembling and using this equipment. Save this manual for future reference.

### WARNING

High Wind: The trampoline can be blown around by high winds. If you expect high winds, the trampoline should be moved to a sheltered location, taken apart, or tied down to the ground with ropes and stakes (NOT INCLUDED). At least four ropes and four stakes should be used. The top of the stakes should be at ground level so they will not create a tripping hazard. In addition, the top of the stakes should be covered, if necessary, so that users will not be injured by falling on the stakes. The only sure method to protect your trampoline and the surrounding environment during high winds is to completely disassemble the unit and store indoors. The manufacturer's warranty does not cover any type of wind or weather damage. Do not stand near the trampoline in windy or gusty conditions. A trampoline can become airborne when exposed to sustained wind or gusting wind conditions. This can result in serious injury, paralysis, or death, as well as property damage. To reduce these risks, disassemble the trampoline and enclosure and store them until weather conditions improve. Anchoring a trampoline frame may prevent the trampoline from moving as a result of the wind, but even anchored trampolines can become airborne or damaged. Consult a qualified contractor to determine what type of anchor works best in your location.

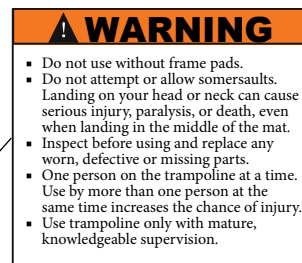
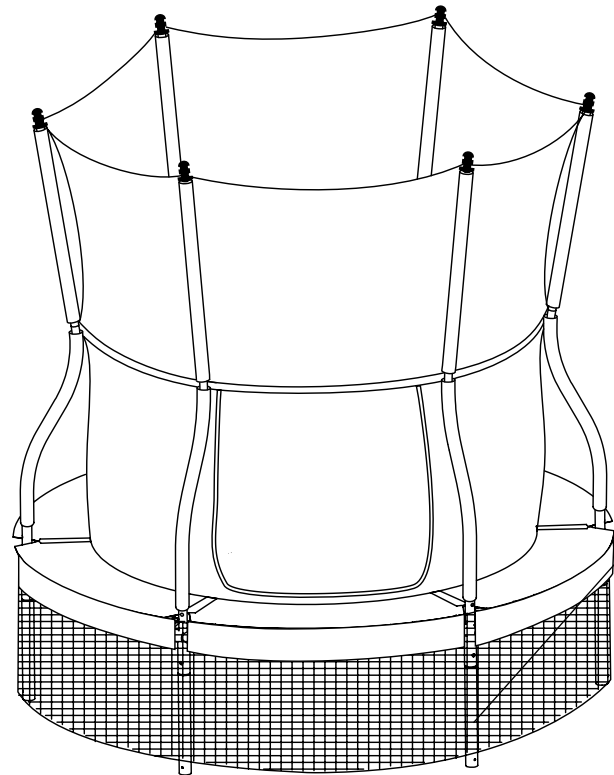
## USE INSTRUCTIONS

To reduce the risk of serious injury, read and follow all of the warnings, precautions, and instructions in this manual before you use the trampoline enclosure. Warnings and instructions for care, maintenance, and use of this trampoline and enclosure are included to promote safe enjoyable use of this equipment.

1. It is the responsibility of the owner and supervisors of the trampoline and enclosure to make sure all users obey the safety instructions given in this manual. The trampoline should only be used with mature, knowledgeable supervision.
2. Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use. If you use a ladder to get on and off the trampoline, be sure to remove it when the trampoline and enclosure are not being used.
3. Be sure there is enough clear space above the trampoline and enclosure before use. It is best to have at least 24 feet(7.3 meters) of clear space above the ground. This space must be clear of wires, tree limbs, and any other possible hazards.
4. Lateral (sideways) clearance is very important. Do not place the trampoline and enclosure near walls, buildings, fences, sidewalks, and other play areas. Always keep a clear space on all sides of the trampoline and enclosure.
5. Remove any objects that could interfere with the performer. Maintain a clear area around and under the trampoline.
6. Be sure the trampoline and enclosure are on a level surface before use.
7. Always inspect the trampoline and enclosure before each use. Make sure that the frame, padding, netting, enclosure tubes, and foam sleeves are correctly and securely positioned. Replace any worn, defective, or missing parts. (Jumpers may be hurt if the trampoline and enclosure are used when they are in poor condition.)
8. Bounce only when the surface of the mat (bed) is dry. There should be very little or no wind or air movement. The trampoline and enclosure must not be used in gusty or severe winds.
9. The trampoline and enclosure frames are made of metal. They are not grounded and will conduct electricity. For this reason, an electrocution hazard exists. No lights, electric heaters, extension cords, or household electrical appliances are to be permitted on the trampoline or in enclosure at any time.
10. Use the trampoline and enclosure in an area with lots of light. If the trampoline and enclosure are indoors or in shady areas, you may need to use artificial (electrical) lighting in the area.
11. During the winter months, the trampoline soft materials will need to be removed and stored in a dry place. If left up in the winter months, it may cause damage to the springs, jump mat, spring pad, and enclosure. The warranty will be void.
12. This trampoline and enclosure is made for users who weigh less than 100 pounds.
13. This trampoline is designed for 3-7 years of age.
14. The trampoline enclosure is to be used only with the size of trampoline for which the enclosure is designed.
15. Misuse and abuse of the trampoline enclosure is dangerous and can cause serious injury.
16. Do not attach anything to the enclosure barrier that is not a manufacturer-approved accessory or part of the enclosure system.
17. Please remove any jewelry before jumping begins. Jewelry may get caught in the enclosure netting.
18. Wear clothing free of drawstrings, hooks, loops, or anything that could be caught while using the trampoline/enclosure and result in entanglement, strangulation, or both.
19. DO NOT let more than one person inside the trampoline enclosure at the same time. Two or more people jumping at the same time can cause serious injury.
20. DO NOT jump on the trampoline while you have or are holding any objects, especially something sharp or breakable.
21. DO NOT use the trampoline and enclosure if you have been using alcohol or drugs.
22. DO NOT attempt or allow somersaults (flips) on the trampoline. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the jumping mat.
23. Always climb on to and off of the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting.
24. DO NOT use the trampoline as a springboard to other objects. Enter and exit the enclosure only at the enclosure door or barrier made for that purpose.
25. DO NOT attempt to crawl under, jump over, intentionally bounce off of, hang from, climb on, kick, or cut the barrier netting.
26. While keeping head erect, focus eyes on the trampoline toward the perimeter. This will help control bounce.
27. Stop bouncing by flexing knees as feet come in contact with the trampoline bed. Learn this skill before attempting others.
28. Avoid bouncing too high. Stay low until bounce control and repeated landings in the center of the trampoline can be accomplished. Control is more important than height.
29. Avoid bouncing when tired. Keep turns short.
30. Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out performing the basic fundamentals in various series and combinations, performing one fundamental after another, with feet bounces between them.
31. For additional information concerning the trampoline equipment contact the manufacturer. For information concerning skill training, contact a certified trampoline instructor.
32. Do not use or stand near the trampoline in windy or gusty conditions. A trampoline can become airborne when exposed to sustained wind or gusting wind conditions. This can result in serious injury, paralysis, or death, as well as property damage. To reduce these risks, disassemble the trampoline and enclosure and store them until weather conditions improve. Anchoring a trampoline frame may prevent the trampoline from moving as a result of the wind, but even anchored trampolines can become airborne or damaged. Consult a qualified contractor to determine what type of anchor works best in your location.

## WARNING LABEL PLACEMENT

The label shown on this page has been attached to the trampoline in the indicated location. If one of the labels is missing or illegible, call our Customer Care Hot Line toll-free at 1-866-603-JUMP (5867), Monday through Friday, 8 a.m. until 5 p.m. Mountain Time, to order a free replacement label.



Note: The label shown is not actual size.

### Specific Use Limitations HIGH WIND

It is possible for the trampoline and enclosure to be blown about by high winds. If you expect high winds, move the trampoline and enclosure to a sheltered location. Disassemble (take down) the enclosure netting. Tie the trampoline frame down to the ground using ropes and stakes (not included). The only sure method to protect your trampoline and the surrounding environment during high winds is to completely disassemble the unit and store indoors.

### BEFORE YOU BEGIN

Thank you for choosing your Skywalker Trampolines brand trampoline. Skywalker Trampolines round trampolines are designed and crafted to provide many years of fun and fitness. This trampoline comes equipped with warning and instructions for the assembly, care, maintenance, and use of the trampoline. This information must be read by all trampoline supervisors and users before any person is allowed to jump on the trampoline.

If you have questions after reading this manual, please call our toll-free Customer Care Hot-line at 1-866-603-JUMP(5867), Monday through Friday, 8 a.m. until 5 p.m. Mountain Time (excluding holidays). To help us assist you please mention the model and name of the trampoline when calling. (See the inside cover of this manual.)

## TRAMPOLINE SAFETY INFORMATION

In trampoline use, as in all active recreational sports, participants can be injured. However, there are steps that can be taken to reduce risk of injury. In this section, primary accident patterns are identified and the responsibilities of supervisors and jumpers in accident prevention are described.

### ACCIDENT CLASSIFICATION

**Somersaults (flips):** Landing on your head or neck, even in the middle of the trampoline mat, increases the risk of a broken back or neck, which can result in paralysis or death. Such events can occur when a jumper makes an error trying to perform a forward or backward somersault (flip). Do not perform somersaults(flips) on this backyard trampoline.

**Multiple Jumpers:** More than one jumper at a time on the trampoline increases the chance of a jumper becoming injured by losing control of his or her jump. Jumpers may collide with one another, fall off of the trampoline, fall onto or through the springs, or land incorrectly on the mat. The jumper weighing the least is the jumper most likely to be injured.

**Mounting and Dismounting (Getting on and off):** The trampoline mat is several feet above ground level. Jumping from the trampoline to the ground or any other surface may result in injury. Jumping onto the trampoline from a roof, deck, or other objects also presents a risk of injury. Smaller children may need assistance getting onto or down from the trampoline. Climb carefully onto and off of the trampoline. Do not step onto the springs or the frame pad. Do not grasp the frame pad to pull yourself onto the trampoline.

**Striking the Frame or the Springs:** Injury may result from hitting the frame or falling through the springs while jumping or getting onto or off of the trampoline. Stay in the center of the mat when jumping. Be sure to keep the frame pad in place to cover the frame. The frame pad is not made or intended to support the weight of trampoline user. Do not step or jump directly on the frame pad.

**Loss of Control:** Jumpers who lose control of their jumps may land on the mat incorrectly, land on the frame or springs, or fall off of the trampoline. A controlled jump is one where the landing is in the same spot as the takeoff. Before learning a more difficult stunt, you should be able to do one over an over with control. Attempting a stunt beyond present skill levels increases the chance of loss of control. To regain control and stop your jump bend your knees sharply when you land.

**Alcohol or Drug Use:** The chance of injury increases when a jumper has consumed alcohol or taken drugs. These substances impair a person's reaction time, judgment, and physical coordination.

**Encountering Objects:** Jumping on a trampoline while other people, pets, or objects are underneath it will increase the chance of getting hurt. Jumping while holding or having an object on the trampoline, particularly one that is sharp or breakable, will increase the chance of injury. Placing a trampoline too close to overhead electrical wires, tree limbs, or other objects can increase the chance of injury.

**Poor Maintenance of The Trampoline:** Jumpers may be injured if a trampoline is when it is in poor condition. A torn mat, bent frame, broken spring, or missing frame pad, for example, should be replaced before anyone is allowed to jump. Inspect the trampoline before each use.

**Weather Conditions:** A wet trampoline is too slippery for safe jumping. Gusty or high winds can cause jumpers to lose control. To reduce the chance of injury, use the trampoline only when the weather is good.

**Access:** To prevent access to the trampoline by unsupervised smaller children, the optional access ladder should always be taken away and stored in a safe place when the trampoline is not in use.

# ENCLOSURE SAFETY INFORMATION

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## NEED FOR TRAMPOLINE ENCLOSURE SAFETY

A trampoline enclosure is a recreational product.

The information on this page and on pages 7-9 identify important safety precautions. The precautions are not all-inclusive, because an enclosure can be used in ways that this manual cannot cover completely.

To prevent pinches and cuts during enclosure use, a frame pad must be installed on the trampoline (See the trampoline manufacturer's instructions). The frame pad must be placed on the trampoline before the enclosure is erected. The frame pad reduces the chance of injury from accidental contact with the springs and frame. Adult Supervision of Children

## USING THE ENCLOSURE SAFETY

Adult Supervision of Children

Children using a trampoline with a trampoline enclosure must be supervised by adults. Young children must be supervised constantly. Adults must pay particular attention to:

- Things that children bring into the enclosure.
- Children's activities inside the enclosure.
- Conditions inside the enclosure while children are using it.
- The way children enter and exit the enclosure.

Additional details of safety enclosure use are described below.

### Electrocution Hazard Associated with the Metal Frame of the Trampoline and Enclosure

The trampoline and enclosure frames are made of galvanized steel. They are not grounded and will conduct electricity. For this reason, an electrocution hazard exists. No lights, electric heaters, extension cords, or household electrical appliances are to be permitted on the trampoline or in the enclosure at any time.

### Hazards Associated with Entering and Leaving the Trampoline Enclosure

A trampoline enclosure installed on a trampoline is raised off the ground. The height of the enclosure increases the risk of a fall when a jumper is entering or leaving the enclosure. Young children, especially, may have difficulty entering and exiting the enclosure. To reduce the risk of falling, always help young children to get into and out of the enclosure.

Enter and exit the trampoline enclosure only through the door of the enclosure (the opening in the netting walls). The trampoline mat (bed) and the netting walls of the enclosure are separate pieces. No jumper, especially young children, should ever leave the enclosure by going out between the mat and the netting walls. Trying to get out this way creates a risk of choking from being caught between the trampoline frame and the netting walls.

Darkness increases the chances of a fall when a jumper is entering or leaving the enclosure. Do not use the trampoline unless there is plenty of lighting provided.

### Hazards Associated with Animals, Sharp or Breakable Objects

To avoid damage to the trampoline enclosure and the trampoline, do not allow pets or other animals inside of the enclosure. The claws and teeth of animals can damage the netting. Do not jump on the trampoline while holding or wearing a sharp or breakable object.

# METHODS OF ACCIDENT PREVENTION

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## The Supervisor's Role in Preventing Accidents

It is the responsibility of the supervisors of trampoline users to provide knowledgeable and mature supervision. They need to know and enforce all of the rules and warnings printed in this manual to minimize the likelihood of accidents and injuries. They also need to inform users of these rules. During periods of time when supervision is unavailable or inadequate, this may require that the trampoline is taken down, placed in a secure area, or otherwise secured against unauthorized use. Another option that may be considered is covering the trampoline with a heavy tarp that can be secured with locks and chains. It is the responsibility of the supervisor to make sure that the placard with TRAMPOLINE SAFETY INSTRUCTIONS (see step 14 in assembly instructions) is kept posted on the trampoline and that jumpers are informed about these instructions.

## The Jumper's Role in Preventing Accidents

Education on the part of the user is a must for safety. Users must first learn a low, controlled bounce and then learn the basic landing positions and combinations before proceeding to intermediate skills. Jumpers must understand why they have to master "control" before they can start thinking about other moves. Understanding the proper progression of skills in jumping on a trampoline must be the first lesson. Review this manual to learn about the basic techniques for using the trampoline. Follow the rules on the placard with TRAMPOLINE SAFETY INSTRUCTIONS (see step 14 in assembly instructions). For further information or additional instructional materials, contact a certified trampoline instructor.

## TRAMPOLINE SAFETY INSTRUCTIONS

### For the Supervisor

Read the instructions before using the trampoline. Enforce all of the safety rules. Become familiar with the information in this manual so you can help new users learn basic jumps and all users follow trampoline safety. All trampoline users must have mature, knowledgeable supervision, regardless of their skill or age. This trampoline is not recommended for use by children under 6 years of age. Inspect the trampoline before using it. Do not use the trampoline without the frame pad securely in place to cover the frame. Do not use the trampoline in wet or windy conditions. A worn or damaged mat, spring, or frame piece should be replaced immediately.

## JUMPING

Learn fundamental jumps and body positions thoroughly before trying more advanced skills. Know your own limits in performing each of the trampoline jumps. Study this manual to learn how to do basic jumps. Stop your bounce by flexing your knees as your feet come in contact with the trampoline mat. Learn this skill before attempting any others.



### Hazards Associated with High Winds

A trampoline with an enclosure can be moved or blown over by high winds. Anyone in its path, or inside of the enclosure, may be injured if this happens. If you expect high winds, take down the enclosure netting and stake the trampoline frame to the ground, or move the trampoline and enclosure to a sheltered location. The only sure method to protect your trampoline and the surrounding environment during high winds is to completely disassemble the unit and store indoors. Damage due to wind or weather is not warranted.



### Storing the Trampoline Enclosure Safely

Specific steps for storing the trampoline enclosure are given later in this manual. There are special safety precautions to be aware of when storing the enclosure.

Remove the attached arch sections as a unit and place them on the ground. Separate the tubes after they are on the ground. Avoid pinching your fingers by wearing gloves and keeping your fingers away from pinch points near the bracket assembly while you are removing the tubes from the frame.

#### Placing the Trampoline and Enclosure in a Safe Place

There must be at least 24 feet (7.3 meters) of clear, open space above the ground. Do not place or store anything underneath the trampoline and enclosure. To avoid injury, the trampoline and enclosure must be kept away from objects and possible hazards including electric power wiring, tree limbs, and fences. Do not place the trampoline and enclosure near any other recreational devices or structures such as a swimming pool or swing set. The trampoline and enclosure must be placed on a level surface before use. The area around the trampoline must always have plenty of light.

### For the Supervisor

- Be familiar with the information in this manual and enforce all of the safety rules. Help all users to utilize the trampoline and enclosure safely.
- All trampoline and enclosure users must have someone to supervise them at all times, regardless of the skill or age of the user.
- Secure the trampoline and enclosure against unauthorized and unsupervised use. Keep the trampoline and enclosure free of any objects that could interfere with the jumper.
- This trampoline and enclosure is not recommended for use by children under 6 years of age or by anyone weighing more than 350 pounds.
- Use the trampoline and enclosure only when the trampoline mat (bed) is clean and dry. Inspect the trampoline and enclosure prior to each use and replace any worn or damaged parts. Use only when the enclosure netting has no holes, all uprights are tightly bolted into their sockets, and the netting is properly suspended.
- DO NOT attempt or allow somersaults on the trampoline. Landing on the back or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.

### For the Jumper

Do not use the trampoline enclosure when under the influence of drugs or alcohol.

### JUMPING

- Avoid jumping too high or for too long. Always control your jump.
- Take turns jumping one at a time, and always have someone watch you.
- Do not attempt to jump over the netting. Do not intentionally bounce off of the netting. Do not hang from kick, cut, or climb on the netting.
- Wear clothing that does not have drawstrings, hooks, loops or anything else that could get caught while using the trampoline/enclosure and result in entanglement or strangulation, or both.
- Do not attach anything to the netting that is not a Skywalker Trampolines approved accessory or part of the of the trampoline enclosure.

## GETTING ON AND OFF THE TRAMPOLINE

Climb onto and off of the trampoline. Do not jump onto or off of it. Do not use the trampoline as a springboard to jump to other objects or places.

### ENTERING AND EXITING THE TRAMPOLINE ENCLOSURE

The Trampoline should be used only under the appropriate adult supervision.

A ZIPPER CLIP IS PROVIDED TO HELP SECURE THE TRAMPOLINE AGAINST UNSUPERVISED USE BY CHILDREN AND TO KEEP THE ZIPPER IN THE CLOSED POSITION DURING USE. A responsible adult supervisor should be present to assure that the zipper clip is attached to the D-ring on the jump mat and that the horizontal clips are attached to the D-rings on the enclosure netting, both during use and after use.

For additional information regarding equipment, contact Skywalker Holding, LLC. For additional information regarding skill training, contact a trainer certification organization.

### USE AND INSTRUCTIONAL MATERIAL

#### OVERVIEW OF TRAMPOLINE USE

The first periods of trampoline use should focus on learning fundamental body positions and practicing the eight basic bounces that are described on pages 10 and 11.

During this learning period, jumpers should practice these basic techniques and perfect them. Braking, or checking the bounce, should be taught first and stressed as a safety measure. Jumpers should break their jump whenever they start to lose their balance or control. This is done by simply flexing the knees sharply upon landing and absorbing the upward thrust of the mat. This allows the jumper to stop suddenly and avoid losing control.

With trampoline use, the take off point and landing point of a good, controlled jump are in the same spot. An exercise is considered learned only when a jumper is able to perform it correctly time after time. Jumpers should never go on to any advanced stunt until they can perform all previous stunts correctly each time.

Allow each jumper a brief turn on the trampoline. Extended bouncing exposes an overtired user to an increased risk of injury. Longer turns tend to lessen the interest of others waiting to jump. Clothing should consist of a T-shirt and shorts. Jumpers should wear regulation gymnastic shoes or heavy socks, or they may jump barefoot. Street shoes or tennis shoes should not be worn on the trampoline. Beginning jumpers may wish to wear loose-fitting protective clothes, such as a long-sleeve shirt and pants, until correct landings are mastered. This will reduce the chance of mat (bed) burns from improper landings on elbows and knees. No hard-sole shoes should be worn, as they cause extra wear on the trampoline mat.

Mounting and dismounting (getting on and off) properly should be a strict rule from the beginning. Users should climb onto the trampoline by placing their hands on the frame and stepping or rolling up onto the frame, across the springs, and onto the mat. They should not step directly on the frame pad or hold on to the frame pad when getting onto or off of the trampoline. Users should always place their hands on the frame while getting on or off. To get off, jumpers should walk to the side of the mat, bend over and place one hand on the frame, and then step from the mat to the ground. If you have installed the optional ladder, its rungs can be used to get on or off. Always face the ladder and place your hands on the frame. Make sure your foot has secure contact with the ladder rung when using it.

Reckless bouncing should not be permitted. All skills should be learned at moderate heights. Control, rather than height, should be emphasized. Jumpers should be forbidden to practice alone and unsupervised.

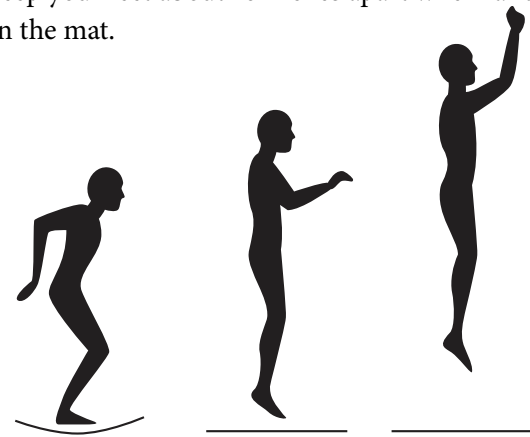
# INSTRUCTIONAL PROGRAM AND MODEL LESSONS

The following lessons are examples of an instructional program. They should follow a complete discussion and demonstration of body mechanics between the supervision and the student(s).

1. Mounting and dismounting (getting on and off)-Demonstration and practice of proper techniques.
2. Fundamental bounce-Demonstration and practice.
3. Braking (stopping the bounce)-Demonstration and practice. Braking on command.
4. Hand and knee drop-Demonstration and practice, stressing four-point landing and alignment.

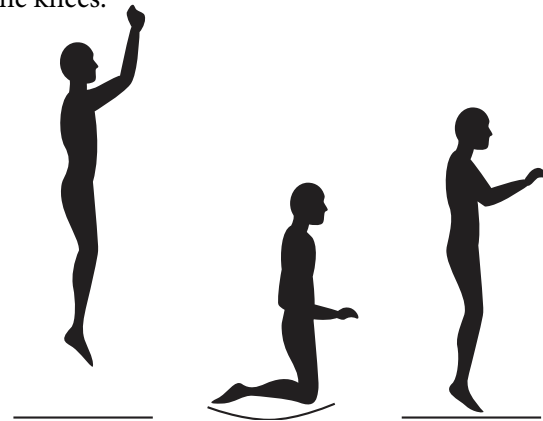
## Lesson 1: Fundamental Bounce

1. Start from a standing position with your head erect and your eyes on the frame pad.
2. Swing your arms forward and up in a circular motion.
3. Bring your feet together and point your toes downward while in the air.
4. Keep your feet about 15 inches apart when landing on the mat.



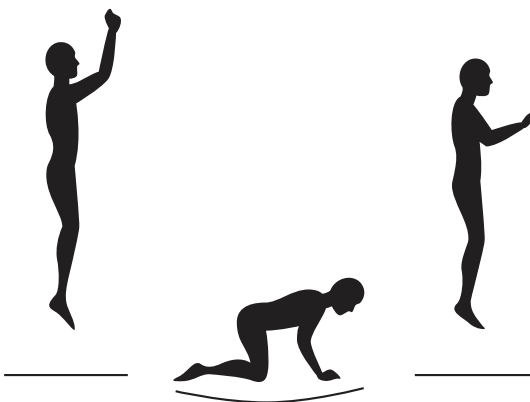
## Lesson 2: Knee Drop

1. Review and practice of skills already learned.
2. Start bouncing from a standing position, keeping your eyes on the frame pad.
3. Land on your knees, keeping your back straight and your body erect.
4. Come back up to an erect position
5. Half twist to right, to the left, to the feet, and then to the knees.



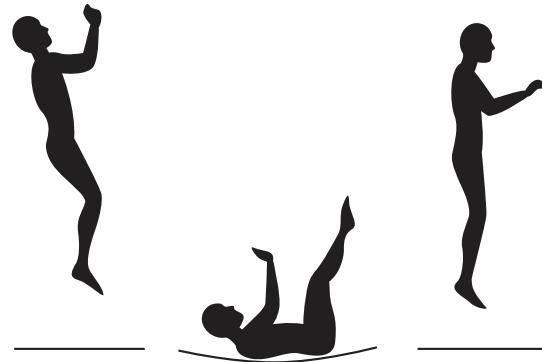
## Lesson 3: Hand and Knee Drop

1. Demonstration and practice, stressing four-point landing and alignment.
2. Start bouncing from a standing position, keeping your eyes on the frame pad.
3. Land on the mat on your hands and knees.
4. Push with your hands and come back up to an erect position.



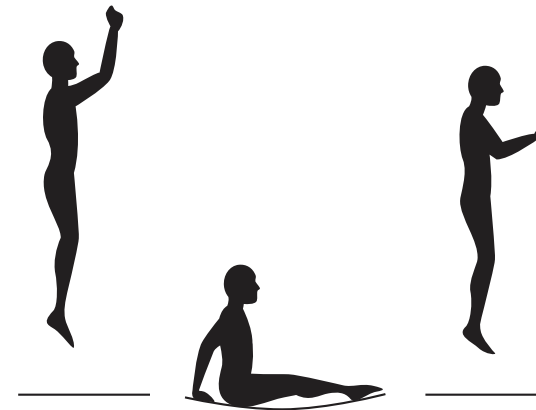
## Lesson 3: Hand and Knee Drop

1. Demonstration and practice, stressing four-point landing and alignment.
2. Start bouncing from a standing position, keeping your eyes on the frame pad.
3. Land on the mat on your hands and knees.
4. Push with your hands and come back up to an erect position.



## Lesson 5: Seat Drop

1. Review and practice of skills already learned.
2. Land in a sitting position with your legs parallel to the mat.
3. Place your hands on the mat beside your hips.
4. Push with your hands to return to an erect position.
5. Half twist to the feet. Seat drop, knee drop, hand and knee drop, repeat.



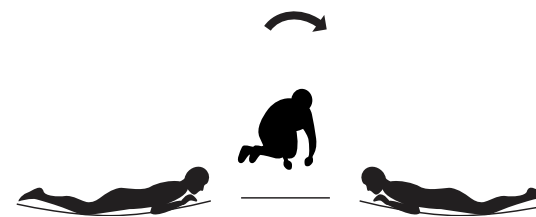
## Lesson 6: Front Drop

1. To save time and avoid mat (bed) burns, all students should be requested to assume the front drop position on the floor while the instructor checks for faults. Suggested progression: from hand and knee bounce, the body is extended for the landing in the front drop position, and the rebound is made to the feet.
2. Start from a low bounce and land on the mat in a prone position.
3. Keep your head up and your arms extended forward on the mat.
4. Push with your arms to return to an erect position.



## Lesson 7: Half Turntable

1. Review and practice the skills already learned.
2. Start from the front drop position and push to the left or right with your arms to begin turning your body in the opposite direction.
3. Turn your head and shoulders toward the direction that your body is turning.
4. Keep your back parallel to the mat and your head up.
5. After completing a half turn, land in the front drop position.



## Lesson 8: Swivel Hips

1. Suggested progression: seat drop, feet, half twist, repeat; seat drop, half twist to feet, repeat; seat drop, half twist to seat drop.
2. Start with a seat drop.
3. Turn your head to the left or right and swing your arms up in the same direction.
4. Turn your hips in the same direction as your head and arms, completing a twist.
5. Land in the seat drop position.
4. Keep your back parallel to the mat and your head up.
5. After completing a half turn, land in the front drop position.







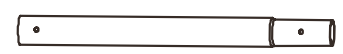

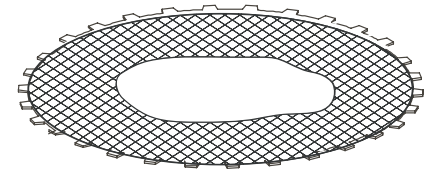

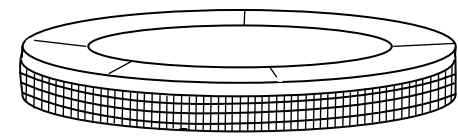





## Lesson 9

Once each of lessons are learned, the student should now be encouraged to design and organize routines, with emphasis on good form. The instructor may judge or grade students and arrange groupings for further instruction accordingly. To stimulate interest in competition, the game of "Trampoline Horse" can be introduced. Before the game begins, students must count off. To start the game, student number 1 performs a stunt. Student number 2 then mounts the trampoline, performs the same stunt and adds a second stunt. Student number 3 mounts and performs stunts 1 and 2 and adds a third stunt. Thus the series of stunts is continuously lengthened. The first person to miss a stunt in the series assumes the letter "H" and starts a new series with a stunt. If a person misses again, he assumes the letter "O." When a person accumulates "H-O-R-S-E," he or she is eliminated from the game. The last remaining contestant is the winner. Lesson planning from this point on should be facilitated by contacting a certified trampoline instructor.

## ASSEMBLY

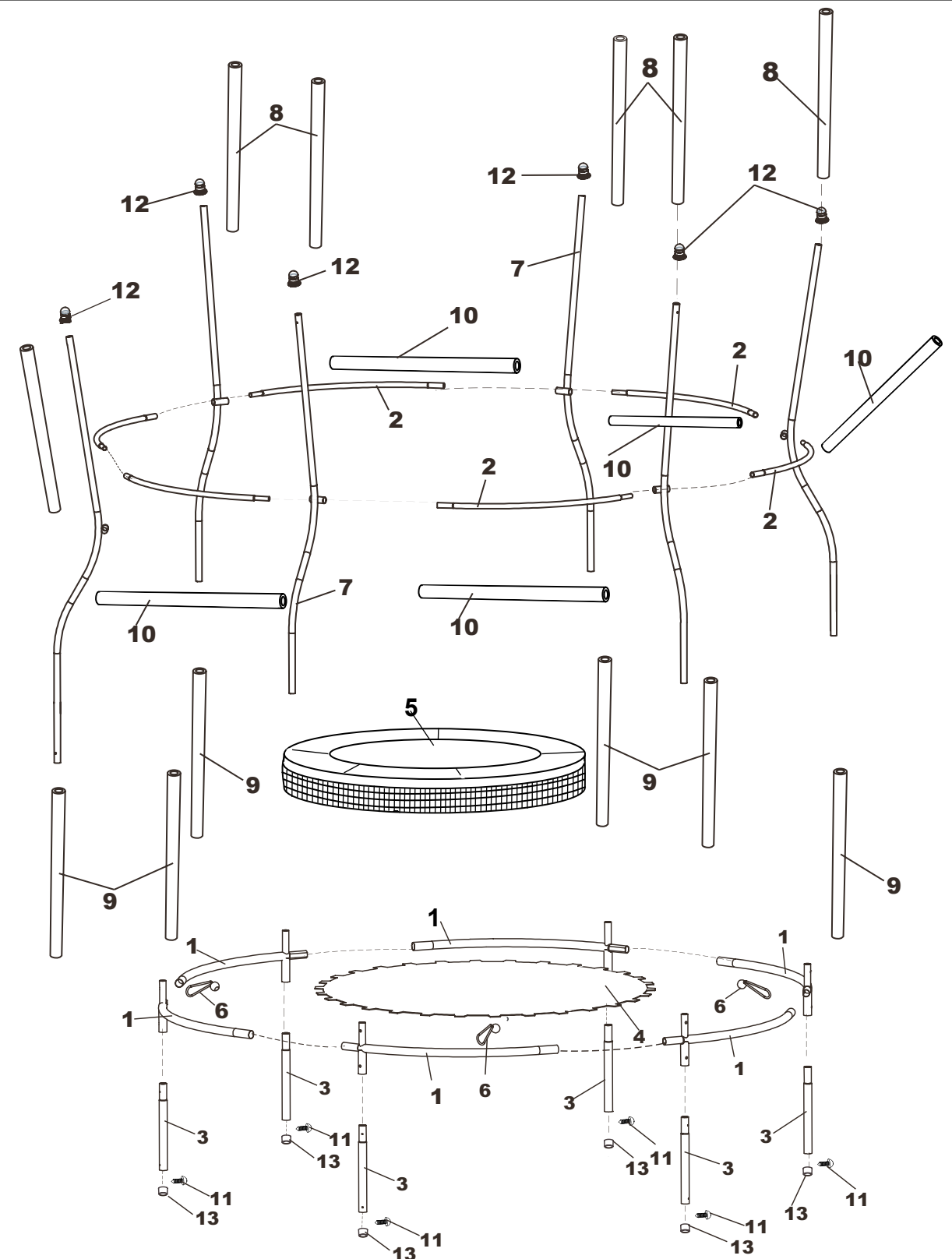
## PART IDENTIFICATION

Before beginning assembly, refer to the drawings below to identify all the parts used. The numbers in the circles to the left (key numbers) of each part will be used to help differentiate the parts in the instructions. Take inventory and ensure you have all parts before beginning assembly.

<p><b>1</b></p>  <p>Frame</p> <p>x6</p>	<p><b>8</b></p>  <p>Long foam (pre-installed)</p> <p>x6</p>
<p><b>2</b></p>  <p>Rail</p> <p>x6</p>	<p><b>9</b></p>  <p>Short foam for curved tube (pre-installed)</p> <p>x6</p>
<p><b>3</b></p>  <p>Leg</p> <p>x6</p>	<p><b>10</b></p>  <p>Foam for rail</p> <p>x6</p>
<p><b>4</b></p>  <p>Mat with enclosure net</p> <p>x1</p>	<p><b>11</b></p>  <p>Self-tapping screw</p> <p>x18</p>
<p><b>5</b></p>  <p>Pad with lower enclosure net</p> <p>x1</p>	<p><b>12</b></p>  <p>Pole cap</p> <p>x6</p>
<p><b>6</b></p>  <p>Elastic with ball</p> <p>x32</p>	<p><b>13</b></p>  <p>Cap (pre-installed)</p> <p>x6</p>
<p><b>7</b></p>  <p>Curved tube</p> <p>x6</p>	<p><b>14</b></p>  <p>Screw driver</p> <p>x1</p>

## ASSEMBLY

## EXPLODED DRAWING



## ASSEMBLY

## PART LIST

Key No.	Qty.	Description
1	6	Frame
2	6	Rail
3	6	Leg
4	1	Mat with enclosure net
5	1	Pad with lower enclosure net
6	32	Elastic with ball
7	6	Curved tube
8	6	Long foam (pre-installed)
9	6	Short foam for curved tube (pre-installed)
10	6	Foam for rail
11	18	Self-tapping screw
12	6	Pole cap
13	6	Cap
14	1	Screw driver

# These parts are not illustrated.  
Specifications are subject to change without notice.

### ORDERING REPLACEMENT PARTS

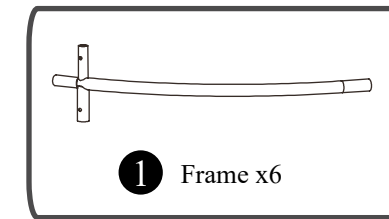
To order replacement parts, visit our web site at [www.skywalkertrampolines.com](http://www.skywalkertrampolines.com) or call our toll-free Customer Care Hot-line at 1-866-603-Jump (5867), Monday through Friday, 8 a.m. until 5 p.m. Mountain Time (excluding holidays).

To help us assist you, please provide the following information when calling:

- The MODEL of the trampoline (see the front cover of this manual)
- The KEY NUMBER and DESCRIPTION of the part (see the PART LIST above)
- The quantity needed
- The desired method of shipping

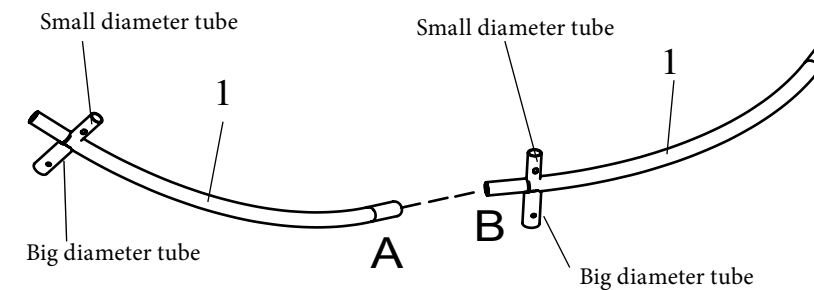
## ASSEMBLY

1.



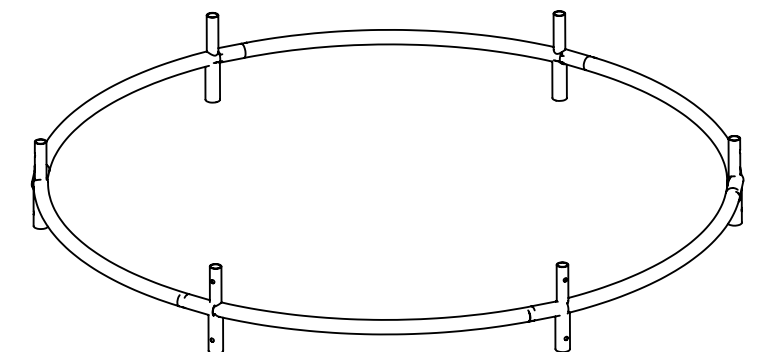
Locate two frame pieces (1), and place them on the ground. Make sure that the larger diameter tubes are facing the ground. Insert the small end of frame piece A into the other end of frame piece B.

Repeat this step until all six frame sections are connected and form a complete circle.



**Note:** Make sure the frame is turned so the big diameter tube is facing the ground.

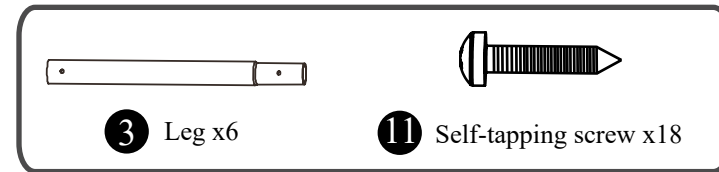
**Note:** At this step the frame may not lay flat on the ground. The frame will straighten out with further assembly.





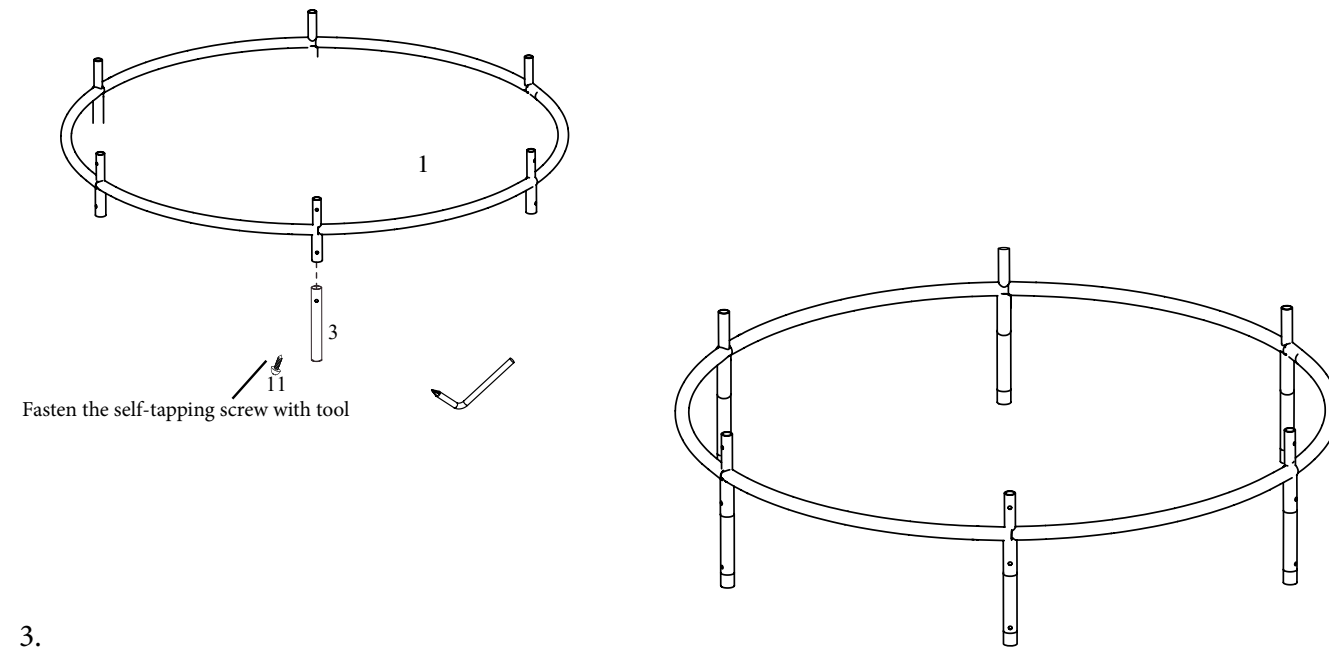
## ASSEMBLY

2.

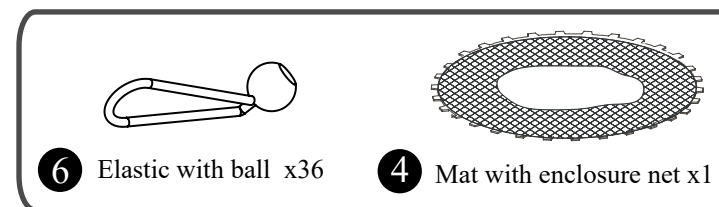


Insert one leg (3) into a big diameter tube of the frame (1) as shown. Then tighten with a self-tapping screw (11) using the provided screw driver.

Repeat this process until all six legs have been attached to the frame.

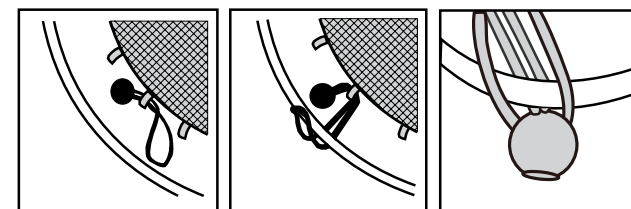


3.



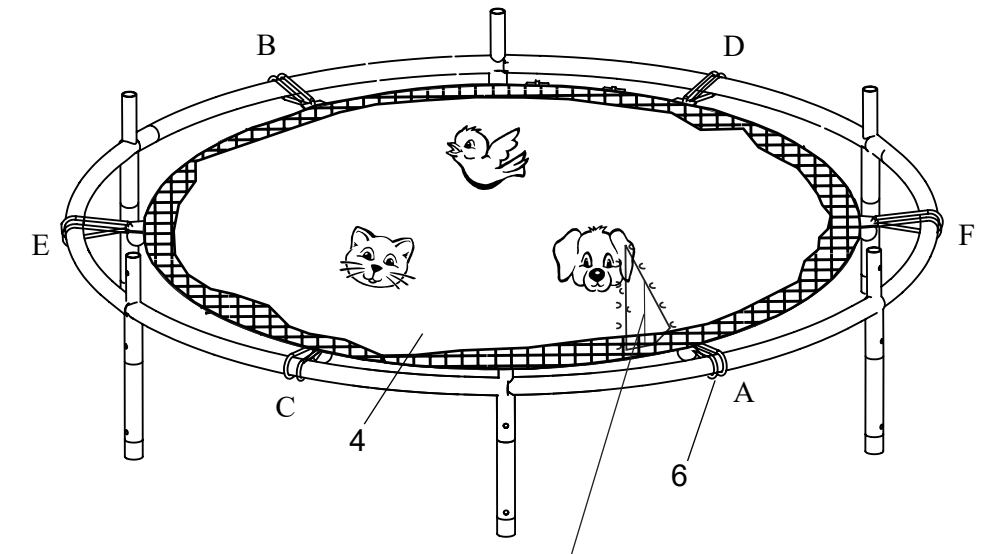
Place the mat with the attached enclosure net (4) inside of the frame. Align the mat so that the opening of the enclosure is centered between two legs. Use one elastic with ball (6) to attach the mat to the frame at the enclosure door (see A).

Attach 5 more elastics with balls using the below drawing for placement order. (Place in order of A, B, C, D, E, F). Continue to place the elastics in this even pattern until all 30 elastics with balls have been attached.



To attach the mat to the frame with the elastics with balls, thread the elastic through the loop on the mat and pull around the frame. Then loop the elastic around the ball to hold in place.

## ASSEMBLY

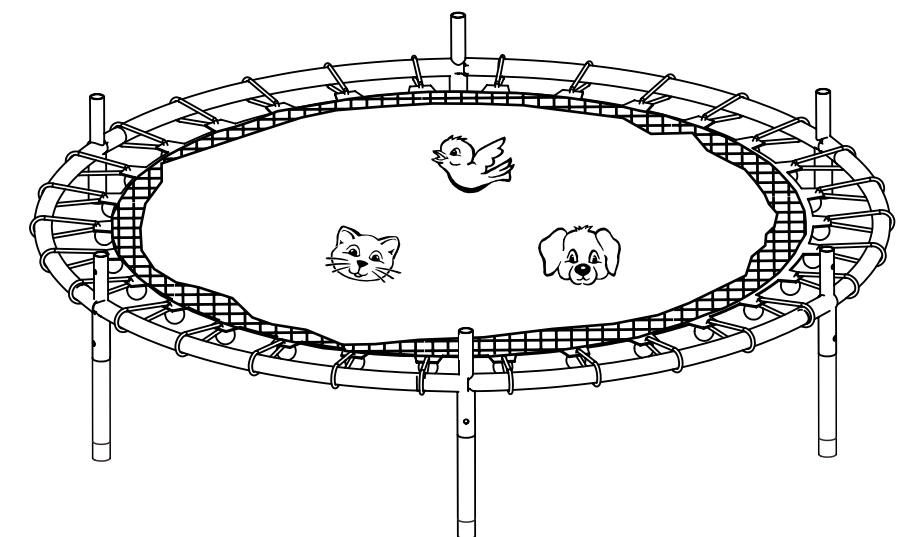


Opening of enclosure should be located in the middle between two legs

**Note:** The placement pattern helps keep the mat centered and the tension on elastics even. If the mat is not staying centered inside the frame, adjust the mat by pulling the elastics with balls tight.

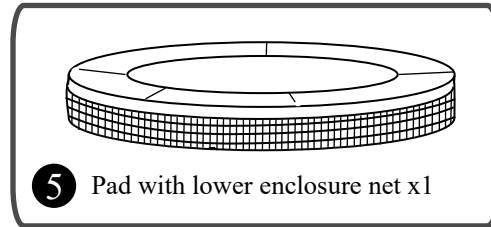
After this step is completed, the frame may not lay flat on the ground. The frame will straighten out with further assembly

**Note:** The balls on the elastics should be facing the ground as shown to the right.



## ASSEMBLY

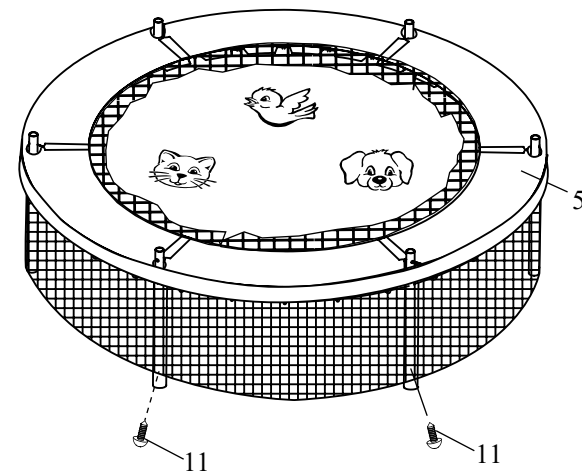
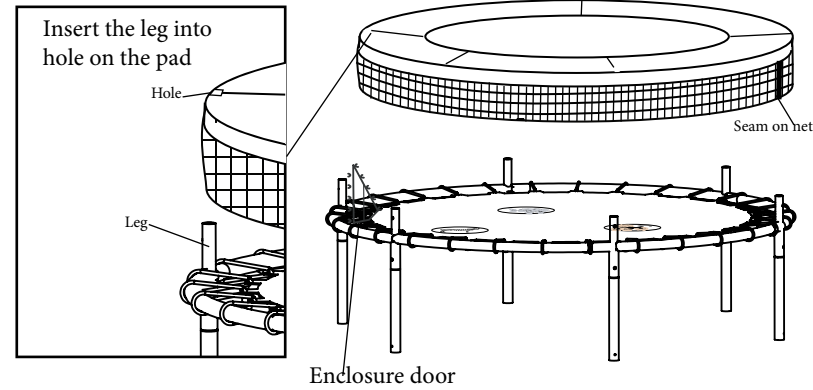
4.



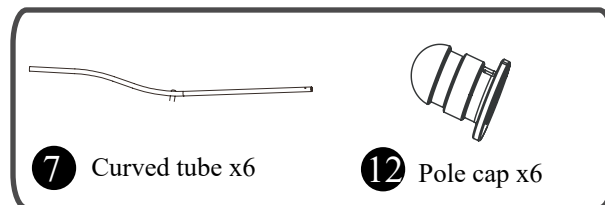
Lay the pad with lower enclosure net (5) on the frame. Adjust the position of the pad so that the holes in the pad are directly above the legs as shown. Insert the top of the legs into the holes in the net.

Note: Place the seam of the lower net opposite the enclosure door.

Fasten the net to the bottom of the legs with the self-tapping screws (11).



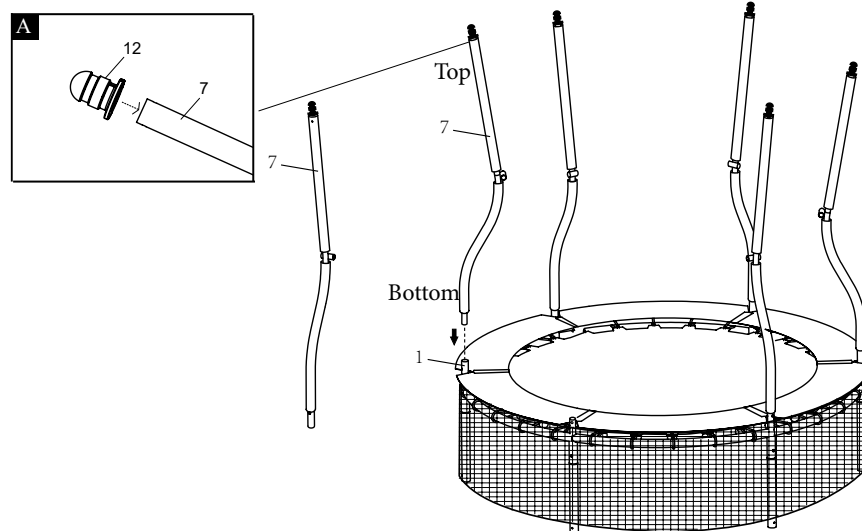
5.



Insert the bottom (the curved section) of the curved tube with foam (7) into a leg piece as shown. The curved portion of the tube and the short horizontal tube piece should face in towards the mat.

Repeat this step to insert four more curved tubes. **Do not place the last curved tube with foam because it will be used later to complete the final net assembly.**

Now place the pole caps (12) on top of the curved tubes as shown in drawing A.



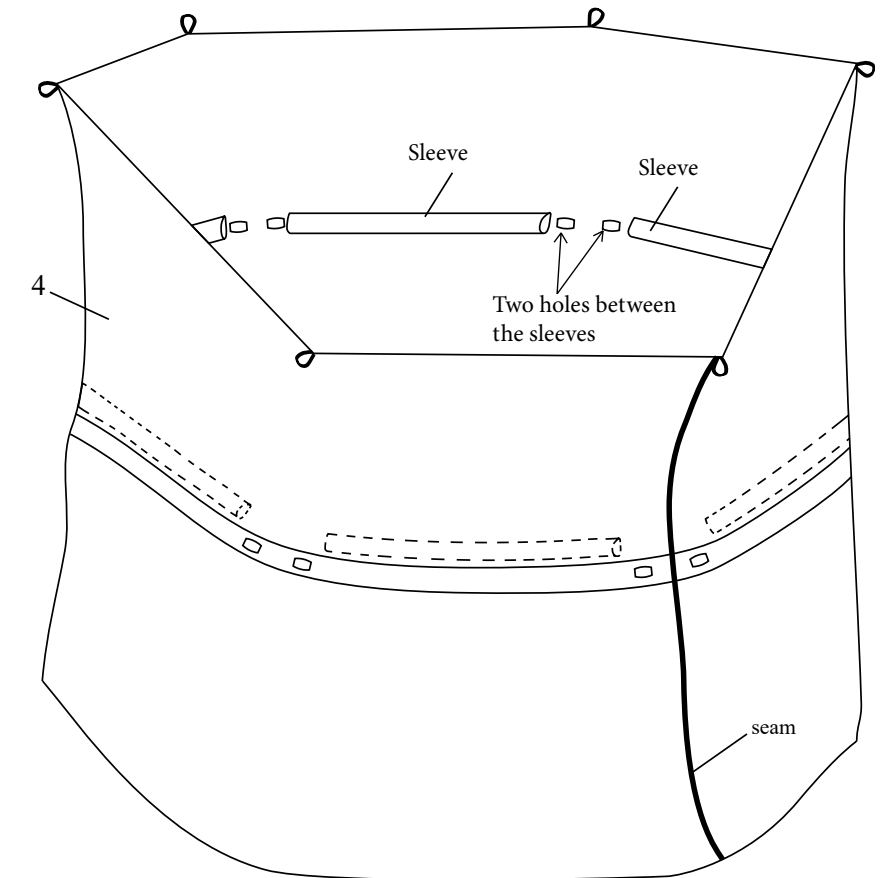
18

## ASSEMBLY

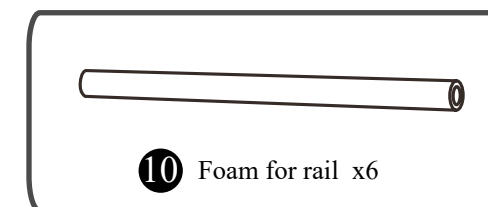
6.

Unfold the enclosure net (4) attached to the jump mat. Locate the six sleeves sewn into the inside of the net.

There are also holes on either side of each sleeve for a total of 12 holes. Review the image for reference.

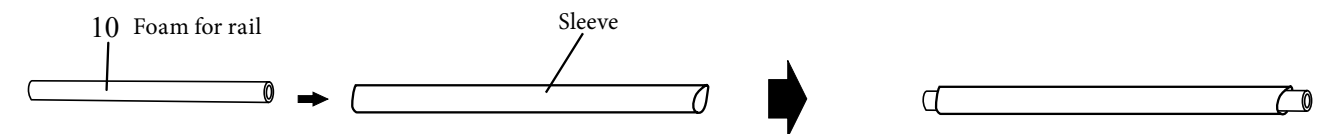


7.



Locate one foam for rail (10) piece and slide it into one of the sleeves inside the net.

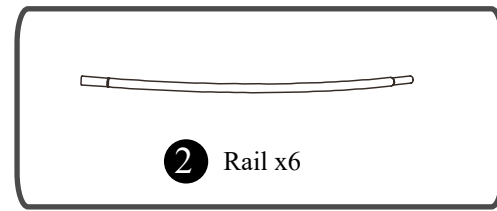
Repeat this step until all six foam pieces have been placed inside all six sleeves.



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## ASSEMBLY

8.



Locate a rail (2) and insert the rail into the foam (10) inside one of the sleeves as shown.

Repeat this step until all six of the rail sections have been inserted into the foam and sleeves. Make sure the rails are curving in, and the ends are alternating to ensure one rail will fit inside the other.

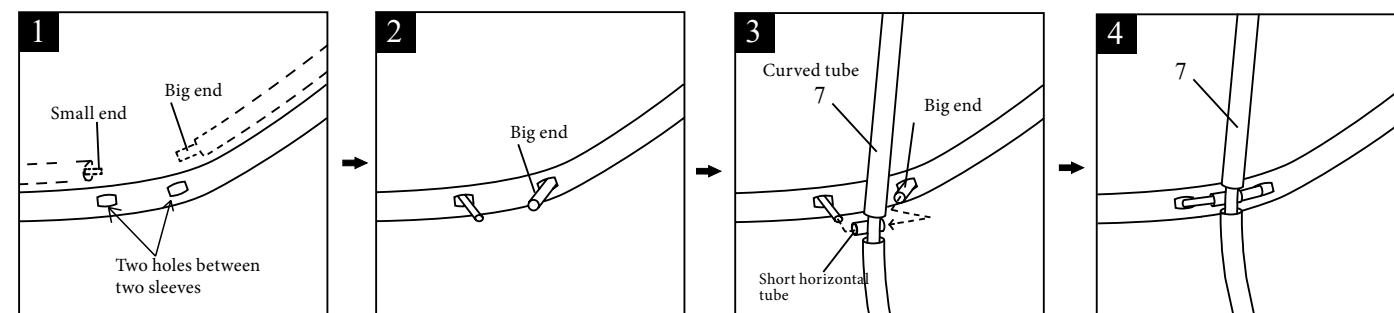
**Do not insert the poles into each other during this step.**

9.

Push the ends of the rails (2) out of the net holes to the outside of the net. Insert the bigger end of one rail into the short horizontal tube located on the curved tube (7). Then, insert the small end of the adjacent tube into the big end as shown.

Repeat this step to connect the remaining rail pieces.

When you reach the last curved tube that has not yet been placed, insert it into the leg piece and connect the last rail tubes to complete the circle.



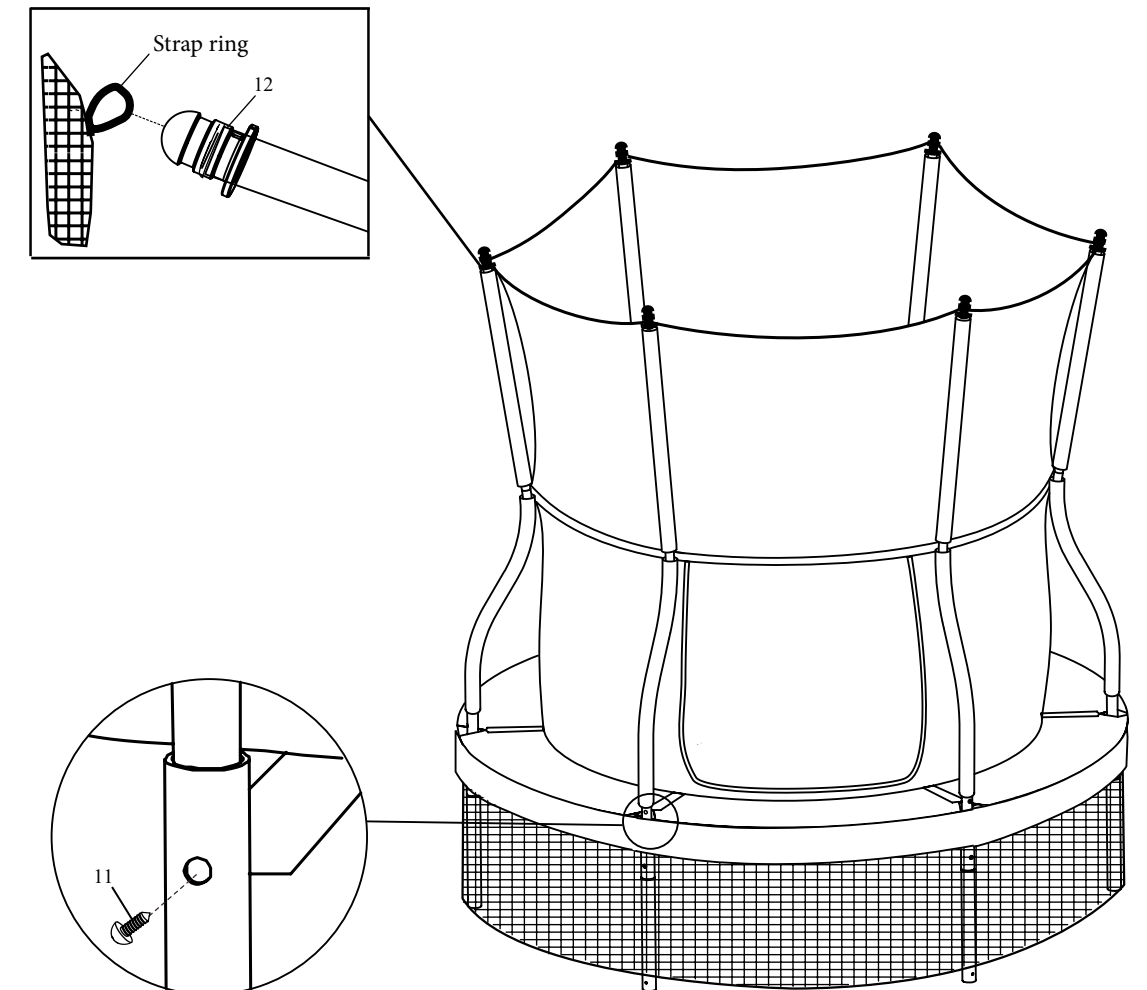
20

## ASSEMBLY

10.

Place a strap at the top of the enclosure net over the pole cap (12) as shown.

Repeat this step until all the straps have been placed around the pole caps and the enclosure net is completely upright.

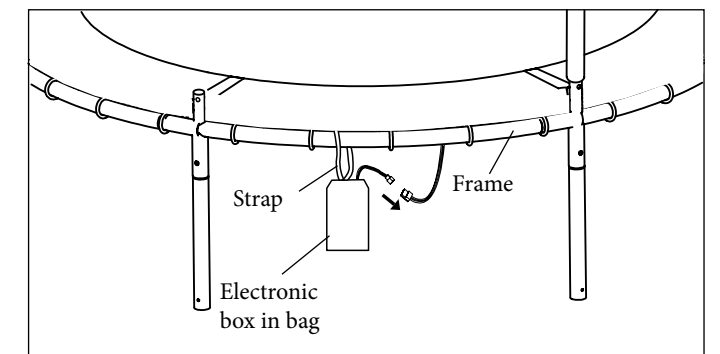


11.

Insert a self-tapping screw (11) into the hole at the bottom of a curved pole. Tighten to secure the pole to the frame. Repeat this step until all poles are secure.

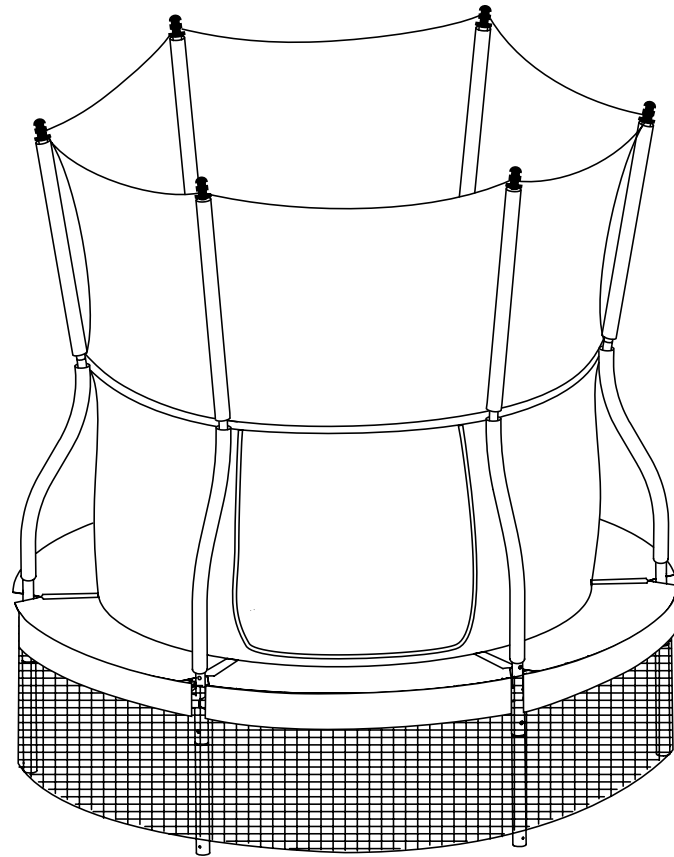
12.

Attach the electric box to the frame using the straps sewn on the bag. Then connect the wire on the bag to the wire under the mat as shown.



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## ASSEMBLY



Your trampoline and enclosure are now fully assembled. Enjoy!

**Make sure that all parts are securely attached.**

**Familiarize yourself and all users with the trampoline and enclosure with the safety precautions, use and instructional materials, and care and maintenance instructions in this manual before using the trampoline and enclosure.**

### Disassembly

To disassemble the enclosure and trampoline, follow the assembly steps through in reverse order.

### Replacing the Enclosure Net

If your enclosure net is damaged after using for a period of time, you will need to remove and replace it by following the assembly steps in reverse order.

## MAINTENANCE AND CARE INFORMATION

### Care

To avoid damage to the trampoline and enclosure, do not allow pets or animals inside the enclosure. The trampoline is intended to be used by one person at a time who weighs no more than \_\_\_pounds. The user should be either barefoot, wearing socks, or wearing gymnastic shoes. Street shoes or tennis shoes should not be worn on the trampoline. The user should remove all sharp objects from his or her person that may cause injury or damage to the mat. Heavy, sharp, or pointed hard objects should never touch the mat. Continued exposure over a long period of time to the sun, especially to ultraviolet rays, will shorten the life of the enclosure fabric. For longer fabric life, store the enclosure when it is not being used. A dry enclosure, properly stored, will provide the longest life of the fabric, sewing, and hardware. Remove the enclosure from the trampoline during harsh weather conditions or during long periods of non-use.

### MAINTENANCE

Your trampoline was manufactured using quality materials and crafted to provide you and your family with many years of enjoyment and exercise. Proper maintenance and care will help to prolong the life of the trampoline and reduce the possibility of injury. The following guidelines should always be followed. Inspect the trampoline enclosure before each use, and replace any worn, defective, or missing parts. The following conditions could represent potential hazards and increase the danger of personal injury:

- Missing, improperly positioned, or insecurely attached frame padding, netting, enclosure tubes, or foam sleeves
- Punctures, frays, tears, or holes worn in the mat, frame padding, netting or foam sleeves
- Deterioration in the stitching or fabric of the mat, frame padding or netting
- Ruptured or missing springs
- Bent or broken frame, leg or enclosure tubes
- Sagging bed or netting
- Sharp protrusions on the frame, suspension system or enclosure tubes

If any of these conditions exist, the trampoline and/or enclosure should be disassembled (taken apart) or otherwise protected from being used until the condition is fixed.

### SPECIAL CONSIDERATIONS

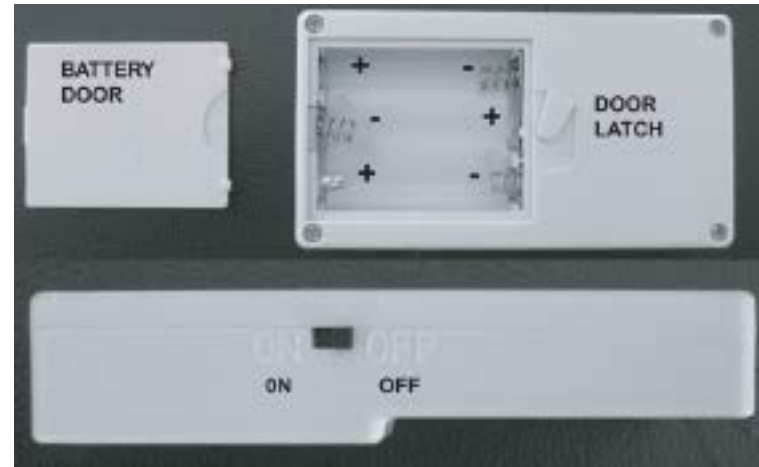
#### High Wind

It is possible for the trampoline and enclosure to be blown about by high winds. If you expect high winds, move the trampoline and enclosure to a sheltered location. Disassemble (take down) the enclosure netting. Tie the trampoline frame down to the ground using ropes and stakes (not included). At least three ropes and three stakes should be used. The tops of the stakes should be at ground level so that they will not create a tripping hazard. In addition, the tops of the stakes should be covered, if necessary, so that users will not be hurt by falling onto the stakes. The only sure method to protect your trampoline and the surrounding environment during high winds is to completely disassemble the unit and store indoors.

#### Moving the Trampoline and Enclosure

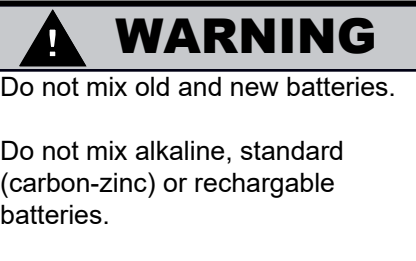
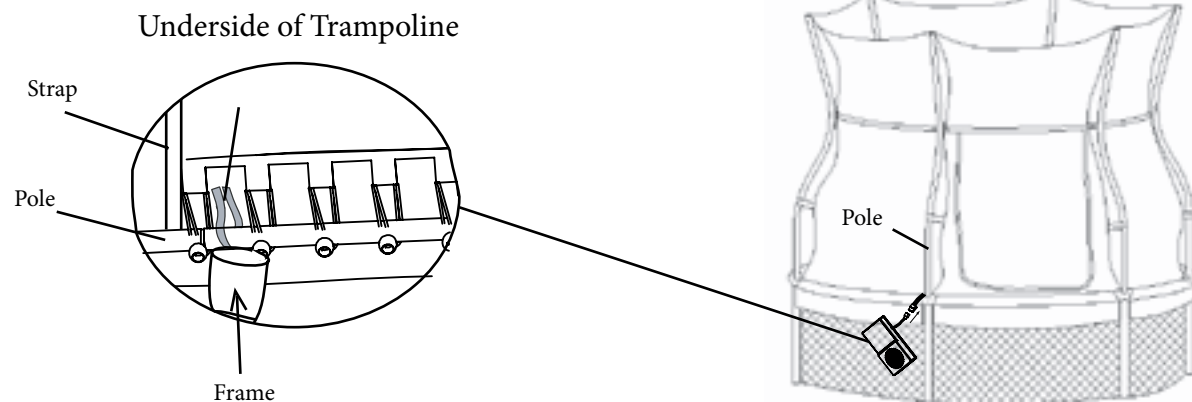
If the trampoline and enclosure needs to be moved, it should be moved by two persons, kept horizontal, and lifted slightly. If necessary, the trampoline and enclosure can be taken apart for moving. To take the trampoline apart, follow the assembly steps in reverse order. Do not attempt to take the frame sections, legs, or bases apart before the mat and springs have been removed.

## ELECTRONIC CONSOLE OPERATION



1. Place 3 AA batteries inside the battery compartment with the polarity as shown.
2. Close and lock the battery door.
3. The console can be turned on or off with the power switch on the side of the console.

**Note:** If the unit is not producing a sound, first check the on/off switch. Next, make sure the batteries are new. Then, test the function of the sound activation pad with your hand to make a sound.



Bounce-N-Learn provides physical activity for both good health and building skills. Bounce-N-Learn was created for young bouncers to help develop their gross motor and mental skills while playing activity-driven games. Games can be played either competitively or cooperatively, depending on the ages and levels of players.

### Playing Guide Instructions

*Recommended for ages 3-7*

Active bounce play teaches:

- Vocabulary
- Counting
- Memory
- Listening
- Concentration
- Social interaction
- Gross motor skills
- Imagination

Bounce-N-Learn is a wonderful way to get children excited about physical activity and learning. Bounce-N-Learn is designed to be “hands on”. Children love to move and learn. We’ve created the Bounce-N-Learn games to maximize the chances of learning and development. Bounce-N-Learn is all about fun! Whether your kids play competitively or as a team, we hope you enjoy these games. To learn more, please visit:

[www.skywalkertrampolines.com](http://www.skywalkertrampolines.com)

### Objects of the Games:

*Physical Activity, Listening, Learning*

During the toddler years, it’s important your child has multiple opportunities for physical activity and mental stimulation. Try these playful physical and mental activities we’ve provided, or even create your own!

#### *First Steps*

For young players, keep games simple. Teach your child to bounce or hop on each animal. Next, try asking your child to make an animal noise as they hop to the next animal. Watch their skills quickly develop!

### Games

#### *Animals*

Develop your child’s listening and concentration skills with memory games. First, call out a sequence of animals. For example, “dog, cat, bird, dog.” Try to increase the sequence without error. Next, ask them to bounce on an animal as they say the animal’s name. Or, have them give the first letter of the animal’s name. Encourage them to try it on their own. The goal is to improve your child’s memory recall and keep them active!

#### *Quicksand*

The goal of this game is to jump and land exactly on the animal. If a player lands on any area other than an animal, they have “stepped in quicksand” and his or her turn is over. Continue to take turns and see how many times a child can land on an animal. The child who lands on the most animals without “stepping in quicksand” wins!

#### *Silly Kitty*

Turn on music and have the children jump on the animals as the music plays. If the music stops and a child is not standing on an animal, his or her turn will be over.

#### *Playing Pretend*

Children can boost gross motor skills when they use their bodies to become a bird in flight, bouncing puppies, or silly cats-- whatever their imagination conceives. Let your child make up a game!

# LIMITED WARRANTY

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Skywalker Holdings, LLC warrants its products to be free from defects in material and workmanship under normal use and service conditions. The steel frame is warranted for one (1) year after the date of purchase. All other parts are warranted for ninety (90) days after the date of purchase. Wind or weather damage is not warranted.

All warranty coverage extends only to the original retail purchaser from the date of purchase. Skywalker Holdings, LLC obligation under this Warranty is limited to replacing or repairing, at Skywalker Holdings, LLC option, the product at one of this authorized service centers. All products for which a warranty claim is made must be received by Skywalker Holdings, LLC at one of its authorized locations. Preauthorization may be obtained by calling Skywalker Holding, LLC Customer Care Hot Line at 1-866-603-Jump(5867). This Warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage, or repair not provided by a Skywalker Holdings, LLC authorized service center, or to products used for commercial or rental purpose. No other Warranty beyond that specifically set forth above is authorized by Skywalker Holdings, LLC.

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THE WARRANTY EXTENDED HEREUNDER IS IN LIEU OF ALL OTHER WARRANTIES AND ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE IS LIMITED IN ITS SCOPE AND DURATION TO THE TERMS SET FORTH HEREIN. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU. This Warranty gives you specific LEGAL RIGHTS. You may also have other rights which vary state to state.

THIS WARRANTY IS VALID ONLY IN THE UNITED STATES.

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