

Regular Rolled Oats

EASY OATMEAL BREAKFAST BITES

1 cup Augason Farms Regular Rolled Oats

1/4 cup semi-sweet chocolate chips

1/4 cup butterscotch chips

1/2 cup flax seed

1/2 cup crunchy peanut butter

1/3 cup honey

1 teaspoon vanilla extract

2/3 cup coconut flakes

Combine oats, chips, flax seed, peanut butter, honey and vanilla in a medium-sized bowl. Using your hands, form into 1-inch balls. Roll in coconut flakes. Arrange on parchment lined baking sheet and freeze until set, about 1 hour. Store in airtight container.