

Scrambled Egg Mix

Nutrition Facts

Serving Size: 2 Tbsp (11g dry)
 Servings Per Container: 92

Amount Per Serving			
Calories 60	Calories from Fat 35		
% Daily Value*			
Total Fat 4g	6%		
Saturated Fat 1 g	5%		
Trans Fat 0g			
Cholesterol 165mg	54%		
Sodium 85mg	4%		
Total Carbohydrate 2g	1%		
Dietary Fiber 0g	0%		
Sugars 0g			
Protein 4g			
Vitamin A 4%	Vitamin C 0%		
Calcium 6%	Iron 2%		
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbs 4 Protein 4			

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Contains oxygen absorber.
 Discard immediately upon opening.

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DIRECTIONS:

1. Add 2 tablespoons dry mix to 2 tablespoons warm water and mix.
2. Cook as desired.

Use in omelets, french toast, etc. Scrambled egg mix is also great to take on camping trips.

When using with other dry ingredients, it is not necessary to reconstitute egg mix. Simply add to other dry ingredients and increase liquid requirements by necessary amounts.

INGREDIENTS: Whole eggs, nonfat dry milk, vegetable oil.

Contains allergens: Milk and eggs.

Pasteurized fully dehydrated fresh whole eggs.
 No refrigeration necessary.