

## Long Grain Brown Rice

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### **MEXICAN TOMATO BROWN RICE AND BEANS**

1 cup of Augason Farms Long Grain Brown Rice, prepared

1 to 2 tablespoons vegetable oil

3 cloves garlic, minced

1 jalapeno, seeded and finely diced

1 8-ounce can diced tomatoes, drained

2 cups Augason Farms Black Beans, cooked and drained

2 teaspoons ground cumin

1 teaspoon chili powder

1/2 teaspoon Mexican oregano

1/4 cup chopped cilantro

Salt and pepper to taste

Heat oil in large skillet over medium heat. Add garlic and jalapeno to the skillet and sauté for 2 minutes, stirring constantly. Add in remaining ingredients except cilantro. Cook for 5 to 10 minutes. Remove from heat. Stir in cilantro, salt and pepper to taste. Serves 4.